English: Unlocked Literal Bible for Psalms

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## Psalms

Chapter 1
1Blessed is the man who does not walk in the advice of the wicked,or stand in the pathway with sinners,or sit in the assembly of mockers.2But his delight is in the law of Yahweh,and on his law he meditates day and night.3He will be like a tree planted by the streams of waterthat produces its fruit in its season,whose leaves do not wither;whatever he does will prosper.

4The wicked are not so,but are like the chaff that the wind drives away.

5So the wicked will not stand in the judgment,nor sinners in the assembly of the righteous.

6For Yahweh approves of the way of the righteous,but the way of the wicked will perish.

Chapter 2
1Why are the nations in turmoil,and why do the peoples devise vain plans?2The kings of the earth take their stand togetherand the rulers take counsel togetheragainst Yahweh and against his Messiah, saying,3"Let us tear off the shackles they put on usand throw off their chains."

4He who sits in the heavens will sneer at them;the Lord mocks them.5Then he will speak to them in his angerand terrify them in his rage, saying,6"I myself have set my king in placeon Zion, my holy mountain."

7I will announce a decree of Yahweh.He said to me, "You are my son!This day I have become your Father.8Ask me, and I will give you the nations for your inheritanceand the ends of the earth for your possession.9You will break them with an iron rod;like a jar of a potter, you will smash them to pieces."

10So now, you kings, be prudent;be corrected, you judges of the earth.11Worship Yahweh in fearand rejoice with trembling.12Kiss the son or he will be angry with you,and you will die in the way when his anger burns for just a moment.How blessed are all those who seek refuge in him.

Chapter 3
A psalm of David, when he fled from Absalom his son.1Yahweh, how many are my enemies!Many have risen against me.2Many say about me,"There is no deliverance for him from God."Selah

3But you, Yahweh, are a shield around me,my glory, and the one who lifts up my head.4I lift up my voice to Yahweh,and he answers me from his holy hill.Selah

5I lay down and slept;I awoke, for Yahweh protected me.6I will not be afraid of the multitudes of peoplewho have set themselves against me on every side.

7Rise up, Yahweh! Save me, my God!For you will hit all my enemies on the jaw;you will break the teeth of the wicked.

8Salvation comes from Yahweh.May your blessings be on your people.Selah

Chapter 4
For the chief musician; on stringed instruments. A psalm of David.1Answer me when I call, God of my righteousness;give me room when I am hemmed in.Have mercy on me and listen to my prayer.2You people, how long will you turn my honor into shame?How long will you love what is worthless and seek after lies?Selah3But know that Yahweh has set apart the faithful ones for himself.Yahweh will hear when I call to him.

4Tremble in fear, but do not sin!Meditate in your heart on your bed and be silent.Selah5Offer the sacrifices of righteousnessand put your trust in Yahweh.

6Many say, "Who will show us anything good?"Yahweh, lift up the light of your face on us.7You have given my heart more gladnessthan others have when their grain and new wine abound.

8It is in peace that I will lie down and sleep,for you alone, Yahweh, make me safe and secure.

Chapter 5
For the chief musician; with wind instruments. A psalm of David.1Give ear to my words, Yahweh;think about my groanings.2Listen to the sound of my call, my King and my God,for it is to you that I pray.3Yahweh, in the morning you hear my cry;in the morning I will bring my petition to you and wait expectantly.

4Certainly you are not a God who takes pleasure in evil;evil people will not be your guests.5The arrogant will not stand in your presence;you hate all who behave wickedly.6You will destroy liars;Yahweh abhors the man of bloodshed and deceit.

7But as for me, because of your great covenant faithfulness,I will come into your house;in reverence I will bow down toward your holy temple.8Oh Lord, lead me in your righteousness because of my enemies;make your path straight before me.

9For there is no truth in their mouth;their inward being is wicked;their throat is an open tomb;they flatter with their tongue.10Declare them guilty, God;may their schemes be their downfall!Drive them out for their many transgressions,for they have rebelled against you.

11But may all those who take refuge in you rejoice;let them always shout for joy because you defend them;let them be joyful in you, those who love your name.12For you will bless the righteous, Yahweh;you will surround them with favor as with a shield.

Chapter 6
For the chief musician; on stringed instruments, set to the Sheminith style. A psalm of David.1Yahweh, do not rebuke me in your angeror discipline me in your wrath.2Have mercy on me, Yahweh, for I am frail;heal me, Yahweh, for my bones are shaking.3My soul also is very troubled.But you, Yahweh—how long will this continue?

4Return, Yahweh! rescue me.Save me because of your covenant faithfulness!5For in death there is no remembrance of you.In Sheol who will give you thanks?

6I am weary with my groaning.All night I drench my bed with tears;I dissolve my couch with my tears.7My eyes grow dim from grief;they grow weak because of all my adversaries.

8Get away from me, all you who behave wickedly;for Yahweh has heard the sound of my weeping.9Yahweh has heard my appeal for mercy;Yahweh has accepted my prayer.10All my enemies will be ashamed and greatly troubled.They will turn back and be suddenly humiliated.

Chapter 7
A musical composition of David, which he sang to Yahweh concerning the words of Cush the Benjamite.1Yahweh my God, I take refuge in you!Save me from all who chase me, and rescue me.2Otherwise, they will rip me apart like a lion,tearing me in pieces with no one else able to bring me to safety.3Yahweh my God, if I have done this,and there is injustice on my hands—4if I have done evil to him who was at peace with me,or harmed my enemy for no reason—5then let my enemy pursue my life and overtake me;let him trample my life to the groundand lay my honor in the dust.Selah

6Arise, Yahweh, in your anger;stand up against the rage of my enemies;wake up for my sake and carry out the righteous decrees that you have commanded for them.7The peoples are assembled all around you;take once more your rightful place over them.8Yahweh, judge the nations;vindicate me, Yahweh, because I am righteous and innocent, Most High.9May the evil deeds of the wicked come to an end, but establish the righteous people,righteous God, you who examine hearts and minds.10My shield comes from God,the one who saves the upright in heart.11God is a righteous judge,a God who is indignant each day.

12If a person does not repent, God will sharpen his swordand will prepare his bow for battle.13He prepares to use deadly weapons against him;he makes his arrows flaming shafts.14Think about the one who is pregnant with wickedness,who conceives destructive plans, who gives birth to harmful lies.15He digs a pit and hollows it outand then falls into the pit he has made.16His own destructive plans return to his own head,for his violence comes down on his own head.

17I will give thanks to Yahweh for his justice;I will sing praise to the name of Yahweh Most High.

Chapter 8
For the chief musician; set to the Gittith style. A psalm of David.1Yahweh our Lord, how magnificent is your name in all the earth,you who reveal your glory in the heavens above.2Out of the mouth of babies and infants you have established praise [1](#footnote-target-1)because of your enemies,so that you might silence both the enemy and the avenger.

3When I look up at your heavens, the work of your fingers,the moon and the stars, which you have set in place,4Of what importance is the human race that you notice them,or mankind that you pay attention to them?

5Yet you have made them only a little lower than the heavenly beingsand have crowned them with glory and honor.6You make him to rule over the works of your hands;you have put all things under his feet:7all sheep and oxen,and even the wild animals of the field,8the birds of the heavens, and the fish of the sea,everything that passes through the currents of the seas.

9Yahweh our Lord,how magnificent is your name in all the earth!

[1](#footnote-caller-1)The copies of the ancient Hebrew text can be read either as established praise or established strength .

Chapter 9
For the chief musician; set to Muth Labben style. A psalm of David.1I will give thanks to Yahweh with my whole heart;I will tell about all your marvelous deeds.2I will be glad and rejoice in you;I will sing praise to your name, Most High!

3When my enemies turn back,they stumble and perish before you.4For you have defended my just cause;you sit on your throne, a righteous judge!5You rebuked the nations;you have destroyed the wicked;you have blotted out their name forever and ever.6The enemy crumbled like ruinswhen you overthrew their cities.All remembrance of them has perished.

7But Yahweh remains forever;he has established his throne for justice.8He will judge the world with righteousness,and he will execute judgment for the nations with fairness.9Yahweh also will be a stronghold for the oppressed,a stronghold in times of trouble.10Those who know your name trust in you,for you, Yahweh, do not abandon those who seek you.

11Sing praises to Yahweh, who rules in Zion;tell the nations of his deeds.12For the God who avenges bloodshed remembers;he does not forget the cry of the oppressed.

13Have mercy on me, Yahweh; see my affliction by those who hate me,you who can snatch me from the gates of death.14Oh, that I might proclaim all your praise.In the gates of the daughter of ZionI will rejoice in your salvation!

15The nations have sunk down into the pit that they made;their feet are caught in the net that they hid.16Yahweh has made himself known; he has executed judgment;the wicked is ensnared by his own actions.Selah17The wicked are turned back and sent to Sheol,all the nations that forget God.18For the needy will not always be forgotten,nor will the hope of the oppressed be forever dashed.

19Arise, Yahweh; do not let man win against you;may the nations be judged in your sight.20Terrify them, Yahweh;may the nations know that they are mere men.Selah

Chapter 10
1Why, Yahweh, do you stand far off?Why do you hide yourself in times of trouble?

2Because of their arrogance, wicked people chase the oppressed;but please let the wicked be trapped by their own schemes that they have devised.3For the wicked person boasts of his deepest desires;he blesses the greedy and insults Yahweh.4The wicked in the haughtiness of his face does not seek God.All his thoughts are that there is no God.5He is secure at all times,but your righteous decrees are too high for him;he snorts at all his enemies.6He says in his heart," I will never fail;throughout all generations I will not meet adversity."

7His mouth is full of curses and lies and oppression;under his tongue are mischief and evil.8He waits in ambush near the villages;in the secret places he murders the innocent;his eyes look for some helpless victim.9He lurks in secret like a lion in the thicket;he lies in wait to catch the oppressed.He catches the oppressed when he pulls in his net.10His victims are crushed and beaten down;they fall into his strong nets.11He says in his heart, "God has forgotten;he covers his face; he will never see it."

12Arise, Yahweh! Lift up your hand, God!Do not forget the oppressed.13Why does the wicked man reject Godand say in his heart, "You will not hold me accountable"?14You have taken notice, for you always see the one who inflicts the misery and sorrow.The helpless entrusts himself to you;you rescue the fatherless.15Break the arm of the wicked and evil man.Make him account for his evil deeds,which he thought you would not discover.

16Yahweh is King forever and ever;the nations are driven out of his land.17Yahweh, you have heard the needs of the oppressed;you strengthen their heart, you listen to their prayer;18You defend the fatherless and the oppressedso that no man on the earth will cause terror again.

Chapter 11
For the chief musician. A psalm of David.1I take refuge in Yahweh;how will you say to me,"Flee like a bird to the mountain"?2For see! The wicked prepare their bows.They make ready their arrows on the stringsto shoot in the darkness at the upright in heart.3For if the foundations are ruined,what can the righteous do?

4Yahweh is in his holy temple;his eyes watch, his eyes examine the children of mankind.5Yahweh examines both the righteous and the wicked,but he hates those who love to do violence.6He rains burning coals and sulfur upon the wicked;a scorching wind will be their portion from his cup!

7For Yahweh is righteous, and he loves righteousness;the upright will see his face.

Chapter 12
For the chief musician; set to the Sheminith. A psalm of David.1Help, Yahweh, for the faithful ones have disappeared;those who have integrity have vanished from the children of men.2Everyone says empty words to his neighbor;everyone speaks with flattering lips and a double heart.

3Yahweh, cut off all flattering lips,every tongue declaring great things.4These are those who have said, "With our tongues we will prevail.When our lips speak, who can be master over us?"

5"Because of violence against the poor, because of the groans of the needy,I will arise," says Yahweh."I will provide the safety for which they long."6The words of Yahweh are pure words,like silver purified in a furnace on the earth,refined seven times.

7You are Yahweh! You keep them.You preserve the godly people from this wicked generation and forever.8The wicked walk on every sidewhen evil is exalted among the children of mankind.

Chapter 13
For the chief musician. A psalm of David.1How long, Yahweh, will you forget me? Forever?How long will you hide your face from me?2How long must I worryand have grief in my heart all day?How long will my enemy triumph over me?

3Look at me and answer me, Yahweh my God!Give light to my eyes, or I will sleep in death.4Do not let my enemy say, "I have defeated him,"so that my enemy may not say, "I have prevailed over my adversary"; otherwise, my enemies will rejoice when I am brought down.

5But I have trusted in your covenant faithfulness;my heart rejoices in your salvation.6I will sing to Yahwehbecause he has treated me very generously.

Chapter 14
For the chief musician. A psalm of David.1A fool says in his heart, "There is no God."They are corrupt and have done abominable iniquity;there is no one who does good.

2Yahweh looks down from heaven on the children of mankindto see if there are any who understand,who seek after him.3They have all turned away. Together they have become corrupt.There is no one who does good, no, not one.

4Do they not know anything, those who behave wickedly,those who eat up my people as they eat bread,but who do not call on Yahweh?5They tremble with dread,for God is with the righteous generation!6You want to humiliate the poor personeven though Yahweh is his refuge.

7Oh, that the salvation of Israel would come from Zion!When Yahweh brings back his people from the captivity,then Jacob will rejoice and Israel will be glad!

Chapter 15
A psalm of David.1Yahweh, who may stay in your tabernacle?Who may live on your holy hill?

2Whoever walks blamelessly, does what is rightand speaks truth from his heart.3He does not slander with his tongue,he does not harm others,and he does not insult his neighbor.4The abhorrent is despised in his eyes,but he honors those who fear Yahweh.He swears to his own disadvantageand does not take back his promises.5He does not charge interest when he lends money.He does not take bribes to testify against the innocent.He who does these things will never be shaken.

Chapter 16
A michtam of David.1Protect me, God, for I take refuge in you.2I say to Yahweh, "You are my Lord; my goodness is nothing apart from you.

3As for the holy people who are on the earth, they are noble people; all my delight is in them.4Their troubles will be increased, those who seek out other gods. I will not pour out drink offerings of blood to their godsor lift up their names with my lips.

5Yahweh, you are my chosen portion and my cup. You hold onto my lot.6Measuring lines have been laid for me in pleasant places; surely a beautiful inheritance is mine.

7I will bless Yahweh, who counsels me; even at night my mind instructs me.8I set Yahweh before me at all times, so I will not be shaken from his right hand!

9Therefore my heart is glad; my glory is rejoicing. Surely I will live in security.10For you will not abandon my soul to Sheol. You will not let your faithful one see the pit.11You teach me the path of life; abundant joy resides in your presence; delights abide in your right hand forever!"

Chapter 17
A prayer of David.1Listen to my plea for justice, Yahweh; pay attention to my cry for help!Give ear to my prayer from lips without deceit.2Let my vindication come from your presence; let your eyes see what is right!

3If you test my heart, if you come to me in the night,you will purify me and will not find any evil plans; my mouth will not transgress.4As for the deeds of mankind, it is at the word of your lips that I have kept myself from the ways of the lawless.5My steps have held firmly to your tracks; my feet have not slipped.

6I call to you, for you answer me, God; turn your ear to me and listen when I speak.7Show your covenant faithfulness in a wonderful way, you who save by your right hand those who take refuge in you from their enemies!8Protect me like the apple of your eye; hide me under the shadow of your wings9from the presence of the wicked ones who deal violently with me, my enemies who surround me.10They have no mercy on anyone; their mouths speak with pride.11They have surrounded my steps. They set their eyes to strike me to the ground.12They are like a lion eager for a victim, like a young lion crouching in hidden places.

13Arise, Yahweh! Attack them! Throw them down on their faces! Rescue my life from the wicked by your sword!14Rescue me from men by your hand, Yahweh, from men of this world whose prosperity is in this life alone!You will fill the bellies of your treasured ones with riches; they will have many children and will leave their wealth to their children.

15As for me, I will see your face in righteousness; I will be satisfied, when I awake, with a sight of you.

Chapter 18
For the chief musician. A psalm of David, the servant of Yahweh, when he sang to Yahweh the words of this song on the day that Yahweh rescued him from the hand of all his enemies and from the hand of Saul. He sang:1I love you, Yahweh, my strength.

2Yahweh is my rock, my fortress, the one who brings me to safety; he is my God, my rock; I take refuge in him.He is my shield, the horn of my salvation, and my stronghold.

3I will call on Yahweh who is worthy to be praised, and I will be saved from my enemies.4The cords of death surrounded me, and the rushing waters of worthlessness overwhelmed me.5The cords of Sheol surrounded me; the snares of death trapped me.

6In my distress I called to Yahweh; I called for help to my God. He heard my voice from his temple;my cry for help went into his presence; it went into his ears.7Then the earth shook and trembled; the foundations of the mountains also trembledand were shaken because God was angry.8Smoke went up from out of his nostrils, and blazing fire came out of his mouth. Coals were kindled by it.9He opened the heavens and came down, and thick darkness was under his feet.10He rode on a cherub and flew; he glided on the wings of the wind.11He made darkness a tent around him, heavy rainclouds in the skies.12Hailstones and coals of fire fell from the lightning before him.13Yahweh thundered in the heavens! The voice of the Most High shouted. [1](#footnote-target-1)14He shot his arrows and scattered his enemies; many lightning bolts dispersed them.15Then the water channels appeared;the foundations of the world were laid bareat your rebuke, Yahweh,at the blast of the breath of your nostrils.

16He reached down from above; he took hold of me! He pulled me out of the surging water.17He rescued me from my strong enemy, from those who hated me, for they were too strong for me.18They came against me on the day of my distress but Yahweh was my support!19He set me free in a wide open place; he saved me because he was pleased with me.

20Yahweh has rewarded me because of my righteousness; he has restored me because my hands were clean.21For I have kept the ways of Yahweh and have not wickedly turned away from my God.22For all his righteous decrees have been before me; as for his statutes, I have not turned away from them.23I have also been innocent before him, and I have kept myself from iniquity.24Therefore Yahweh has restored me because of my righteousness, because my hands were clean before his eyes.

25To one who is faithful, you show yourself to be faithful;to a man who is blameless, you show yourself to be blameless.26To one who is pure, you show yourself to be pure;but to one who is perverse, you show yourself to be shrewd.27For you save afflicted people, but you abase those with proud, uplifted eyes!28For you give light to my lamp; Yahweh my God lights up my darkness.29For by you I can run over a barricade; by my God I can leap over a wall.

30As for God—his way is perfect! The word of Yahweh is pure!He is a shield to everyone who takes refuge in him.31For who is God except Yahweh? Who is a rock except our God?32It is God who puts strength on me like a belt, who places the blameless person on his path.33He makes my feet swift like a deer and places me on the heights!34He trains my hands for war and my arms to bend a bow of bronze.35You have given me the shield of your salvation. Your right hand has supported me, and your favor has made me great.36You have made a wide place for my feet beneath me so that my feet have not slipped.

37I pursued my enemies and caught them; I did not turn back until they were destroyed.38I smashed them so that they were unable to rise; they have fallen under my feet.39For you have girded me with strength for battle; you put under me those who rise up against me.40You gave me the back of my enemies' necks; I annihilated those who hated me.41They called for help, but no one saved them; they called out to Yahweh, but he did not answer them.42I beat them into fine pieces like dust before the wind; I threw them out like mud in the streets.

43You rescued me from the disputes of people; you have made me head over nations; people whom I have not known serve me.44As soon as they heard of me, they obeyed me; foreigners were forced to bow to me.45The foreigners came trembling out of their strongholds.

46Yahweh lives; may my rock be praised. May the God of my salvation be exalted.47He is the God who executes vengeance for me, who subdues the nations under me.48I am set free from my enemies! Indeed, you lifted me above the ones who rose against me! You rescued me from violent men.49Therefore I will give thanks to you, Yahweh, among the nations; I will sing praises to your name!

50God gives great victory to his king, and he shows his covenant loyalty to his anointed one, to David and to his descendants forever.

[1](#footnote-caller-1)This verse follows some Hebrew copies and the Septuagint, ending after shouted . Most Hebrew copies have the additional phrase hailstones and coals of fire .

Chapter 19
For the chief musician. A psalm of David.1The heavens declare the glory of God,and the skies make known the work of his hands!2Day after day speech pours out;night after night it reveals knowledge.3There is no speech or spoken words;their voice is not heard.4Yet their words go out over all the earth,and their speech to the end of the world.He has pitched a tent for the sun among them.5The sun is like a bridegroom coming out of his chamberand like a strong man who rejoices when he runs his race.6The sun rises from the one horizonand crosses the sky to the other;nothing escapes its heat.

7The law of Yahweh is perfect, restoring the soul;the testimony of Yahweh is reliable, making the simple wise.8The instructions of Yahweh are right, making the heart glad;the commandment of Yahweh is pure, bringing light to the eyes.9The fear of Yahweh is pure, enduring forever;the righteous decrees of Yahweh are true and altogether right!

10They are of greater value than gold, even more than much fine gold;they are sweeter than honey and the dripping honey from the honeycomb.11Yes, by them your servant is warned;in obeying them there is great reward.12Who can discern all his own errors?Cleanse me from hidden faults.13Keep your servant also from arrogant sins;let them not rule over me.Then I will be perfect,and I will be innocent from many transgressions.

14May the words of my mouth and the meditation of my heartbe acceptable in your sight,Yahweh, my rock and my redeemer.

Chapter 20
For the chief musician. A psalm of David.1May Yahweh help you in the day of trouble;may the name of the God of Jacob protect you2and send help from the holy placeto support you from Zion.3May he call to mind all your offeringsand accept your burnt sacrifice.Selah4May he grant you your heart's desireand fulfill all your plans.5Then we will rejoice in your victory,and, in the name of our God, we will raise banners.May Yahweh grant all your petitions.

6Now I know that Yahweh will rescue his anointed one;he will answer him from his holy heavenwith the saving strength of his right hand.7Some trust in chariots and others in horses,but we trust in the name of Yahweh our God.8They will be brought down and fall,but we will rise and stand upright!9Yahweh, rescue the king;help us when we call.

Chapter 21
For the chief musician. A psalm of David.1The king rejoices in your strength, Yahweh!How greatly he rejoices in the salvation you provide!

2You have given him his heart's desireand have not held back the request of his lips.Selah3For you bring him rich blessings;you placed on his head a crown of purest gold.4He asked you for life; you gave it to him;you gave him the length of his days forever and ever.5His glory is great because of your victory;you have bestowed on him splendor and majesty.6For you grant him lasting blessings;you make him glad with the joy of your presence.7For the king trusts in Yahweh;through the covenant faithfulness of the Most High he will not be moved.

8Your hand will seize all your enemies;your right hand will seize those who hate you.9At the time of your anger, you will burn them up as in a fiery furnace.Yahweh will consume them in his wrath,and the fire will devour them.10You will destroy their offspring from the earthand their descendants from among the human race.11For they intended evil against you;they conceived a plot with which they will not succeed!12For you will turn them back;you will draw your bow before them.13Be exalted, Yahweh, in your strength;we will sing and praise your power.

Chapter 22
For the chief musician; set to "The rhythm of the deer." A psalm of David.1My God, my God, why have you abandoned me?Why are you so far from saving me and far from the words of my anguish?2My God, I cry out in the daytime, but you do not answer,and at night I am not silent!

3Yet you are holy;you sit as king with the praises of Israel.4Our ancestors trusted in you;they trusted in you, and you rescued them.5They cried to you and they were rescued.They trusted in you and were not disappointed.

6But I am a worm and not a man,a disgrace to humanity and despised by the people.7All those who see me taunt me;they mock me; they shake their heads at me.8They say, "He trusts in Yahweh;let Yahweh rescue him.Let him rescue him, for he delights in him."

9For you brought me from the womb;you made me trust you when I was on my mother's breasts.10I have been thrown on you from the womb;you are my God since I was in my mother's womb!

11Do not be far away from me, for trouble is near;there is no one to help.

12Many bulls surround me;strong bulls of Bashan surround me.13They open their mouths wide against melike a roaring lion ripping its victim.14I am being poured out like water,and all my bones are dislocated.My heart is like wax;it melts away within my inner parts.15My strength has dried up like a piece of pottery;my tongue sticks to the roof of my mouth.You have laid me in the dust of death.

16For dogs have surrounded me;a company of evildoers has encircled me;they have pierced my hands and my feet.17I can count all my bones.They look and stare at me.18They divide my garments among themselves,they cast lots for my clothes.

19Do not be far away, Yahweh;please hurry to help me, my strength!20Rescue my soul from the sword,my only life from the claws of wild dogs.21Save me from the lion's mouth;rescue me from the horns of the wild oxen.

22I will declare your name to my brothers;in the midst of the assembly I will praise you.23You who fear Yahweh, praise him!All you descendants of Jacob, honor him!Stand in awe of him, all you descendants of Israel!24For he has not despised or abhorred the suffering of the afflicted one;Yahweh has not hidden his face from him;when the afflicted one cried to him, he heard.

25My praise will be because of you in the great assembly;I will fulfill my vows before those who fear him.26The oppressed will eat and be satisfied;those who seek Yahweh will praise him.May your hearts live forever.

27All the peoples of the earth will remember and turn to Yahweh;all the families of the nations will bow down before you.28For the kingdom is Yahweh's;he is the ruler over the nations.

29All the prosperous people of the earth will feast and will worship;all those who are descending into the dust will bow before him,those who cannot preserve their own souls alive.30A generation to come will serve him;they will tell the next generation of the Lord.31They will come and tell of his righteousness;they will tell to a people not yet born what he has done!

Chapter 23
A psalm of David.1Yahweh is my shepherd; I will lack nothing.2He makes me to lie down in green pastures;he leads me beside tranquil water.3He brings back my life;he guides me along paths that are right for his name's sake.4Even though I walk through the darkest valley,I will fear no harm, for you are with me;your rod and your staff comfort me.

5You prepare a table before me in the presence of my enemies;you have anointed my head with oil;my cup runs over.6Surely goodness and covenant faithfulness will pursue me all the days of my life;and I will live in the house of Yahweh for the length of my days!

Chapter 24
A psalm of David.1The earth is Yahweh's, and its fullness,the world, and all who live in it.2For he has founded it upon the seasand established it on the rivers.

3Who will ascend the mountain of Yahweh?Who will stand in his holy place?4He who has clean hands and a pure heart;who has not lifted up a falsehood,and has not sworn an oath in order to deceive.

5He will receive a blessing from Yahwehand righteousness from the God of his salvation.6Such is the generation of those who seek him,those who seek the face of the God of Jacob.Selah

7Lift up your heads, you gates;be lifted up, everlasting doors,so that the King of glory may come in!8Who is this King of glory?Yahweh, strong and mighty; Yahweh, mighty in battle.9Lift up your heads, you gates;be lifted up, everlasting doors,so that the King of glory may come in!10Who is this King of glory?Yahweh of hosts,he is the King of glory.Selah

Chapter 25
A psalm of David.1To you, Yahweh, I lift up my life!2My God, I trust in you.Do not let me be humiliated;do not let my enemies rejoice triumphantly over me.3May no one who hopes in you be disgraced;may those who act treacherously without cause be ashamed!

4Make known to me your ways, Yahweh;teach me your paths.5Guide me into your truth and teach me,for you are the God of my salvation;I hope in you all day long.6Call to mind, Yahweh, your acts of compassion and of covenant faithfulness;for they have always existed.7Do not think about the sins of my youth or my rebelliousness;Call me to mind with covenant faithfulness because of your goodness, Yahweh!

8Yahweh is good and upright;therefore he teaches sinners the way.9He guides the humble in what is rightand he teaches them his way.10All the paths of Yahweh are steadfast love and faithfulnessto those who keep his covenant and his solemn commands.11For your name's sake, Yahweh,pardon my iniquity, for it is great.

12Who is the man who fears Yahweh?The Lord will instruct him in the way that he should choose.13His life will go along in goodness;and his descendants will inherit the land.14The friendship of Yahweh is for those who honor him,and he makes his covenant known to them.15My eyes are always on Yahweh,for he will free my feet from the net.

16Turn toward me and have mercy on me;for I am alone and afflicted.17The troubles of my heart are enlarged;draw me out from my distress!18See my affliction and my toils;forgive all my sins.19See my enemies, for they are many;they hate me with violent hatred.

20Protect my life and rescue me;do not let me be humiliated, for I take refuge in you!21May integrity and uprightness preserve me,for I hope in you.

22Rescue Israel, God,from all of his troubles!

Chapter 26
A psalm of David.1Judge me, Yahweh, for I have walked with integrity;I have trusted in Yahweh without wavering.2Examine me, Yahweh, and test me;test the purity of my inner parts and my heart!3For your covenant faithfulness is before my eyes,and I walk about in your faithfulness.

4I do not associate with deceitful people,nor do I mingle with dishonest people.5I hate the assembly of evildoers,and I do not live with the wicked.6I wash my hands in innocence,and I go around your altar, Yahweh,7to sing a loud song of praiseand report all your wonderful deeds.

8Yahweh, I love the house where you live,the place where your glory lives!9Do not sweep me away with sinners,or my life with men of bloodshed,10in whose hands there is a plot,and whose right hand is full of bribes.

11But as for me, I will walk in integrity;redeem me and have mercy on me.12My foot stands on level ground;in the assemblies will I bless Yahweh!

Chapter 27
A psalm of David.1Yahweh is my light and my salvation;whom should I fear?Yahweh is my life's refuge;whom should I dread?

2When evildoers approached me to devour my flesh,my adversaries and my enemies stumbled and fell.3Though an army encamps against me,my heart will not fear;though war rises up against me,even then I will remain confident.

4One thing have I asked of Yahweh, and I will seek that:that I may live in the house of Yahweh all the days of my life,to see the beauty of Yahwehand to meditate in his temple.5For in the day of trouble he will hide me in his shelter;in the cover of his tent he will conceal me.He will lift me high on a rock!

6Then my head will be lifted up above my enemies all around me,and I will offer sacrifices of joy in his tent!I will sing and make songs to Yahweh!

7Hear, Yahweh, my voice when I cry out!Have mercy on me, and answer me!8My heart says about you,"Seek his face!" I seek your face, Yahweh!9Do not hide your face from me;do not turn your servant away in anger!You have been my helper;do not abandon me or reject me, God of my salvation!10Even if my father and my mother abandon me,Yahweh will take me in.

11Teach me your way, Yahweh!Lead me on a level pathbecause of my enemies.12Do not give me up to the desires of my enemies,for false witnesses have risen up against me,and they breathe out violence!

13What would have happened to me if I had not believed that I would see the goodness of Yahweh in the land of the living?14Wait for Yahweh;be strong, and let your heart be courageous!Wait for Yahweh!

Chapter 28
A psalm of David.1To you, Yahweh, I cry out; my rock, do not ignore me.If you do not respond to me, I will join those who go down to the pit.2Hear the sound of my pleading when I call for help from you,when I lift up my hands toward your most holy place!

3Do not drag me away with the wicked, those who behave wickedly,who speak peace with their neighbors but have evil in their hearts.4Give them what their deeds deserve and repay them what their wickedness demands;repay them for the work of their hands and render to them their due.

5Because they do not understand the deeds of Yahweh or the work of his hands,he will break them down and never rebuild them.

6Blessed be Yahwehbecause he has heard the sound of my pleading!7Yahweh is my strength and my shield;my heart trusts in him, and I am helped.Therefore my heart greatly rejoices,and I will praise him with singing.

8Yahweh is the strength of his people,and he is the saving refuge of his anointed one.9Save your people and bless your inheritance.Be their shepherd and carry them forever.

Chapter 29
A psalm of David.1Ascribe to Yahweh, you sons of God,ascribe to Yahweh glory and strength!2Ascribe to Yahweh the glory his name deserves.Bow down to Yahweh in the splendor of holiness!

3The voice of Yahweh is heard over the waters;the God of glory thunders,Yahweh thunders over many waters.4The voice of Yahweh is powerful;the voice of Yahweh is majestic.5The voice of Yahweh breaks the cedars;Yahweh breaks in pieces the cedars of Lebanon.6He makes Lebanon skip like a calfand Sirion like a young ox.7The voice of Yahweh sends out flames of fire.8The voice of Yahweh shakes the wilderness;Yahweh shakes the wilderness of Kadesh.9The voice of Yahweh causes the oaks to twistand strips the forests bare.Everyone in his temple says, "Glory!"

10Yahweh sits as king over the flood;Yahweh sits as king forever.11Yahweh gives strength to his people;Yahweh blesses his people with peace.

Chapter 30
A psalm; a song at the dedication of the temple. A psalm of David.1I will exalt you, Yahweh, for you have raised me up and have not allowed my enemies to rejoice over me.2Yahweh my God, I cried to you for help, and you healed me.3Yahweh, you have brought up my soul from Sheol; you have kept me alive from going down to the pit.

4Sing praises to Yahweh, you his faithful ones! Give thanks when you remember his holiness.5For his anger is only for a moment; but his favor is for a lifetime.Weeping comes for a night, but joy comes in the morning.

6In confidence I said, "I will never be shaken."7Yahweh, by your favor you established me as a strong mountain; but when you hid your face, I was troubled.

8I cried to you, Yahweh, and sought favor from my Lord!9What advantage is there in my blood, if I go down to the grave? Will the dust praise you? Will it declare your trustworthiness?10Hear, Yahweh, and have mercy on me! Yahweh, be my helper.

11You have turned my mourning into dancing; you have removed my sackcloth and clothed me with gladness.12So now my glory will sing praise to you and not be silent; Yahweh my God, I will give thanks to you forever!

Chapter 31
For the chief musician. A psalm of David.1In you, Yahweh, I take refuge;never let me be humiliated.Rescue me in your righteousness.2Listen to me; rescue me quickly;be my rock of refuge,a stronghold to save me.

3For you are my rock and my fortress;therefore for your name's sake, lead and guide me.4Pluck me out of the net that they have hidden for me,for you are my refuge.5Into your hands I entrust my spirit;you will redeem me, Yahweh, God of trustworthiness.

6I hate those who serve worthless idols,but I trust in Yahweh.7I will be glad and rejoice in your covenant faithfulness,for you saw my affliction;you knew the distress of my soul.8You have not given me into the hand of my enemy.You have set my feet in a wide open place.

9Have mercy upon me, Yahweh, for I am in distress;my eyes grow weary with grief with my soul and my body.10For my life is weary with sorrowand my years with groaning.My strength fails because of my iniquity,and my bones are wasting away.11Because of all my enemies, I have become contemptible;my neighbors are appalled at my situation,and those who know me are horrified.Those who see me in the street run from me.12I am forgotten as a dead man whom no one thinks about.I am like a broken pot.13For I have heard the whispering of many,terrifying news from every sideas they plot together against me.They plot to take away my life.

14But I trust in you, Yahweh;I say, "You are my God."15My times are in your hand.Rescue me from the hands of my enemies and from those who pursue me.16Make your face shine on your servant;save me in your covenant faithfulness.17Do not let me be humiliated, Yahweh; for I call out to you!May the wicked be humiliated! May they be silent in Sheol.18May lying lips be silencedthat speak against the righteous defiantlywith arrogance and contempt.

19How great is your goodnessthat you have stored up for those who revere you,that you perform for those who take refuge in youbefore all the children of mankind!20In the shelter of your presence, you hide them from the plots of men.You hide them in a shelter from the strife of tongues.

21Blessed be Yahweh,for he showed me his marvelous covenant faithfulness when I was in a besieged city.22Though I said in my alarm,"I am cut off from your eyes,"yet you heard my plea for helpwhen I cried to you.

23Love Yahweh, all you faithful ones.Yahweh protects the faithful,but he pays back the arrogant in full.24Be strong and let your heart take courage,all you who trust in Yahweh for help.

Chapter 32
A psalm of David. A maschil.1Blessed is the person whose transgression is forgiven,whose sin is covered.2Blessed is the man to whom Yahweh reckons no guiltand in whose spirit there is no deceit.

3When I remained silent, my bones were wasting awaywhile I groaned all day long.4For day and night your hand was heavy upon me.My strength withered as in summer drought.Selah

5Then I acknowledged my sin to you,and I no longer hid my iniquity.I said, "I will confess my transgressions to Yahweh,"and you forgave the guilt of my sin.Selah

6For this reason every one of your faithful followers should pray to you at a time of great distress.When the surging waters overflow, the waters will not reach them.7You are my hiding place; you will guard me from trouble.You will surround me with the songs of victory.Selah

8I will instruct you and teach you in the way which you should go.I will counsel you with my eye upon you.9Do not be like a horse or like a mule, which have no understanding;it is only with bridle and bit to control themthat they will go where you want them to.10The wicked have many sorrows,but Yahweh's covenant faithfulness will surround the one who trusts in him.11Be glad in Yahweh, and rejoice, you righteous;shout for joy, all you who are upright in heart.

Chapter 33
1Rejoice in Yahweh, you righteous;praise is appropriate for the upright.2Give thanks to Yahweh with the harp;sing praises to him with the lute having ten strings.3Sing to him a new song;play skillfully and shout for joy.

4For Yahweh's word is upright,and all his deeds are done in faithfulness.5He loves righteousness and justice.The earth is full of Yahweh's covenant faithfulness.

6By the word of Yahweh the heavens were made,and all the stars were made by the breath of his mouth.7He gathers the waters of the sea together like a heap;he puts the oceans in storehouses.8Let the whole earth fear Yahweh;let all the inhabitants of the world stand in awe of him.9For he spoke, and it was done;he commanded, and it stood in place.

10Yahweh frustrates the alliances of nations;he overrules the plans of the peoples.11The plans of Yahweh stand forever,the plans of his heart for all generations.

12Blessed is the nation whose God is Yahweh,the people whom he has chosen as his own inheritance.13Yahweh looks from heaven;he sees all the people.14From the place where he lives,he looks down on all who live on the earth.15He who shapes the hearts of them allobserves all their deeds.

16No king is saved by a vast army;a warrior is not saved by his great strength.17A horse is a false hope for victory;in spite of his great strength, he cannot rescue.18See, Yahweh's eye is on those who fear him,on those who hope in his covenant faithfulness19to deliver their lives from deathand to keep them alive in times of famine.

20We wait for Yahweh;he is our help and our shield.21Our hearts rejoice in him,for we trust in his holy name.22Let your covenant faithfulness, Yahweh, be with usas we put our hope in you.

Chapter 34
A psalm of David, when he pretended to be insane before Abimelek, who drove him out.1I will praise Yahweh at all times,his praise will always be in my mouth.2I will praise Yahweh!May the oppressed hear and rejoice.3Praise Yahweh with me,let us lift up his name together.

4I sought Yahweh and he answered me,and he gave me victory over all my fears.5Those who look to him are radiant,and their faces are not ashamed.6This oppressed man cried and Yahweh heard himand saved him from all his troubles.7The angel of Yahweh camps around those who fear himand rescues them.

8Taste and see that Yahweh is good.Blessed is the man who takes refuge in him.9Fear Yahweh, you his holy people.There is no lack for those who fear him.10The young lions sometimes lack food and suffer hunger,but those who seek Yahweh will not lack anything good.11Come, sons, listen to me.I will teach you the fear of Yahweh.12What man is there who delights in lifeand loves many days,that he may see good?13Then keep your tongue from eviland keep your lips from speaking lies.14Turn away from evil and do good.Seek peace and go after it.

15The eyes of Yahweh are on the righteousand his ears are directed toward their cry.16The face of Yahweh is against those who do evil,to cut off the memory of them from the earth.

17The righteous cry out and Yahweh hearsand he rescues them from all their troubles.18Yahweh is close to the brokenhearted,and he saves those who are crushed in spirit.

19Many are the troubles of the righteous,but Yahweh delivers them out of them all.20He keeps all his bones,not one of them will be broken.

21Evil will kill the wicked.Those who hate the righteous will be condemned.22Yahweh rescues the lives of his servants.None of those who take refuge in him will be condemned.

Chapter 35
A psalm of David.1Yahweh, work against those who work against me;fight against those who fight against me.2Grab your small shield and large shield;rise up and help me.3Use your spear and battle ax against those who chase me;say to my soul, "I am your salvation."

4May those who seek my life be shamed and dishonored.May those who plan to harm me be turned back and ashamed.5May they be as chaff before the wind,as the angel of Yahweh drives them away.6May their way be dark and slippery,as the angel of Yahweh chases them.

7Without cause they set their net for me;without cause they dug a pit for my life.8Let destruction overtake them by surprise.Let the net that they have set catch them.Let them fall into it, to their destruction.9But I will be joyful in Yahwehand rejoice in his salvation.10All my bones will say, "Yahweh, who is like you,who rescues the oppressed from those who are too strong for themand the poor and needy from those who try to rob them?"

11Unrighteous witnesses rise up;they accuse me falsely.12They repay me evil for good.I am sorrowful.13As for me, when they were sick, my clothing was sackcloth;I fasted for them,and my prayer returned to my bosom.14I went about in grief as for my brother;I bent down in mourning as for my mother.15But when I stumbled, they rejoiced and gathered together;they gathered together against me, and I was surprised by them.They tore at me without stopping.16With no respect at all they mocked me;they grind their teeth at me in rage.

17Lord, how long will you look on?Rescue my soul from their destructive attacks,my only life from the lions.18Then I will thank you in the great assembly;I will praise you among many people.19Do not let my deceitful enemies rejoice over me;do not let them carry out their wicked schemes.20For they do not speak peace,but they devise deceitful words against those in our land who live in peace.21They open their mouths wide against me;they said, "Aha, Aha, our eyes have seen it."

22You have seen it, Yahweh, do not be silent;Lord, do not be far from me.23Arouse yourself and awake to my defense;My God and my Lord, defend my cause.24Defend me, Yahweh my God, because of your righteousness;do not let them rejoice over me.25Do not let them say in their heart, "Aha, we have what we wanted."Do not let them say, "We have devoured him."

26May they be put to shame and may they be humiliated who rejoice at my distress.May those who exalt themselves over me be clothed with shame and dishonor.27Let those who desire my vindication shout for joy and be glad;may they say continually, "Yahweh be praised,he who delights in the welfare of his servant."28Then I will tell of your justiceand praise you all day long.

Chapter 36
For the chief musician. A psalm of David the servant of Yahweh.1An evil man speaks of his transgression from deep in his heart,there is no fear of God in his eyes.

2For he comforts himself,thinking that his iniquity will not be discovered and be hated.3The words of his mouth are wickedness and deceit;he does not want to be wise and do good.4While he lies in bed, he plans ways to sin;he sets out on an evil way;he does not reject evil.

5Your covenant faithfulness, Yahweh, reaches to the heavens;your faithfulness reaches to the clouds.6Your righteousness is like the mountains of God;your judgments are like the great deep.Yahweh, you preserve both mankind and the animals.7How precious is your covenant faithfulness, God!Humanity takes refuge under the shadow of your wings.8They feast upon the abundance of your house;you let them drink from the river of your delights.9For with you is the fountain of life;in your light we will see light.

10Extend your covenant faithfulness fully to those who know you,your defense to the upright of heart.11Do not let the foot of the arrogant man come near to me.Do not let the hand of the wicked drive me away.12Over there those who behave wickedly have fallen;they have been pushed down and are not able to get up.

Chapter 37
A psalm of David.1Do not be irritated because of evildoers;do not be envious of those who act unrighteously.2For they will soon dry up as the grassand wither as the green plants.

3Trust in Yahweh and do what is good;settle in the land and graze in faithfulness.4Then delight yourself in Yahweh,and he will give you the desires of your heart.

5Give your ways to Yahweh;trust in him, and he will act on your behalf.6He will display your justice like the daylightand your innocence like the day at noon.

7Be still before Yahweh and wait patiently for him.Do not be angry if someone succeeds in what he does,or when he makes evil plots.

8Do not be angry and frustrated.Do not worry. This only makes trouble.9Evildoers will be cut off,but those who wait for Yahweh will inherit the land.

10In a little while the evil man will disappear;you will look at his place, but he will be gone.11But the meek will inherit the landand will delight in great prosperity.

12The wicked man plots against the righteousand he grinds his teeth in rage against him.13The Lord laughs at him,for he sees that his day is coming.

14The wicked have drawn out their swords and have bent their bowsto cast down the oppressed and needy,to kill those who are upright.15Their swords will pierce their own hearts,and their bows will be broken.

16Better is the little that the righteous hasthan the abundance of many wicked people.17For the arms of the wicked people will be broken,but Yahweh supports the righteous people.

18Yahweh watches over the blameless day by day,and their heritage will be forever.19They will not be ashamed when times are bad.When famine comes, they will have enough to eat.

20But evil men will perish.Yahweh's enemies will be like the splendor of the pastures;they will be consumed and disappear in the smoke.

21The wicked person borrows but does not repay,but the righteous person is generous and gives.22Those who are blessed by God will inherit the land;those who are cursed by him will be cut off.

23It is by Yahweh that a man's steps are established,the man whose way is commendable in God's sight.24Though he stumbles, he will not fall down,for Yahweh is holding him with his hand.

25I was young and now am old;I have never seen the righteous person abandonedor his children begging for bread.26All the day long he is gracious and lends,and his children become a blessing.

27Turn away from evil and do what is right;then you will be safe forever.28For Yahweh loves justiceand does not abandon his faithful ones.They are preserved forever,but the descendants of the wicked will be cut off.29The righteous will inherit the landand live there forever.

30The mouth of the righteous person speaks wisdomand increases justice.31The law of his God is in his heart;his feet will not slip.

32The wicked person spies on the righteous personand seeks to kill him.33Yahweh will not abandon him into the evil person's handor condemn him when he is judged.

34Wait for Yahweh and keep his way,and he will raise you up to possess the land.You will see when the wicked are cut off.

35I have seen the wicked and terrifying personspread out like a green tree in its native soil.36But when I passed by again, he was not there.I looked for him, but he could not be found.

37Observe the man of integrity, and mark the upright;there is a good future for a man of peace.38Rebels will be totally destroyed;the future for the wicked man is cut off.

39Salvation of the righteous comes from Yahweh;he is their place of safety in the times of trouble.40Yahweh helps them and rescues them.He rescues them from evil men and saves thembecause they have taken refuge in him.

Chapter 38
A psalm of David, to bring to remembrance.1Yahweh, do not rebuke me in your anger;do not punish me in your wrath.2For your arrows pierce me,and your hand presses me down.3There is no soundness in my body because of your anger;there is no health in my bones because of my sin.4For my iniquities overwhelm me;they are a burden too heavy for me.

5My wounds are infected and smellbecause of my foolish sins.6I am stooped over and humiliated every day;I go about mourning all day long.7For within me, I am filled with burning;there is no health in my flesh.8I am numb and utterly crushed;I groan because of the anguish of my heart.

9Lord, you understand my heart's deepest yearnings,and my groanings are not hidden from you.10My heart pounds, my strength fades,and the light of my eyes, even that is not with me.11My friends and companions shun me because of my condition;my neighbors stand far off.12Those who seek my life lay snares for me.They who seek my harm speak destructive wordsand say deceitful words all day long.

13But I, I am like a deaf man and hear nothing;I am like a mute man who says nothing.14I am like a man who does not hearand who has no reply.15Surely I wait for you, Yahweh;you will answer, Lord my God.16I say this so that my enemies will not rejoice over me.If my foot slips, they will do terrible things to me.

17For I am about to stumble,and I am in constant pain.18I confess my guilt;I am anxious about my sin.19But my enemies are numerous;those who hate me wrongfully are many.20They repay me evil for good;they hurl accusations at me although I have pursued what is good.

21Do not abandon me, Yahweh;my God, do not stay far away from me.22Come quickly to help me,Lord, my salvation.

Chapter 39
For the chief musician, for Jeduthun. A psalm of David.1I decided, "I will watch what I sayso that I do not sin with my tongue.I will muzzle my mouthwhile in the presence of an evil man."2I kept silent; I kept back my words even from saying anything good,and my pain grew worse.3My heart became hot;when I thought about these things, it burned like a fire.Then finally I spoke.

4"Yahweh, make me know when will be the end of my lifeand the extent of my days.Show me how transient I am.5See, you have made my days only the width of my hand,and my lifetime is like nothing before you.Surely every man is a single breath.Selah

6Surely every man walks about like a shadow.Surely everyone hurries aboutto accumulate riches although they do not know who will receive them.

7Now, Lord, for what am I waiting?You are my only hope.8Rescue me from my sins;do not make me the scorn of fools.9I am silent and cannot open my mouth,because it is you who has done it.10Stop wounding me;I am overwhelmed by the blow of your hand.11When you discipline people for iniquity,you consume the things they desire like a moth;surely all people are nothing but vapor.Selah

12Hear my prayer, Yahweh,and give ear to my cry for help;do not be deaf to my tears!for I am like a foreigner with you,a sojourner like all my ancestors were.13Turn your gaze from me so that I may smile againbefore I die."

Chapter 40
For the chief musician. A psalm of David.1I waited patiently for Yahweh;he listened to me and heard my cry.2He brought me up out of a horrible pit, out of the miry clay,and he set my feet on a rock and made my steps secure.3He has put a new song in my mouth, praise to our God.Many will see it and honor himand will trust in Yahweh.

4Blessed is the man who makes Yahweh his trustand does not honor the proud or those who turn away from him to lies.5Many, Yahweh my God, are the wonderful deeds that you have done,and your thoughts which are about us cannot be numbered;if I declared and spoke of them,they would be more than could be counted.

6You have no delight in sacrifice or offering,but you have opened my ears;you have not required burnt offerings or sin offerings.7Then said I, "See, I have come;it is written about me in the scroll of the document.8I delight to do your will, my God;your laws are in my heart."

9I have proclaimed good news of your righteousness in the great assembly;Yahweh, you know that my lips have not kept back from doing this.10I have not concealed your righteousness in my heart;I have declared your faithfulness and your salvation;I have not concealed your covenant faithfulness or your trustworthiness from the great assembly.

11Do not keep back your acts of mercy from me, Yahweh;let your covenant faithfulness and your trustworthiness always preserve me.12Troubles that cannot be numbered surround me;my iniquities have caught up with me so that I am no longer able to see anything;they are more than the hairs on my head,and my heart has failed me.13Be pleased, Yahweh, to rescue me;hurry to help me, Yahweh.

14Let them be ashamed and completely disappointedwho pursue my life to sweep it away.Let them be turned back and brought to dishonor,those who delight in hurting me.15Let them be appalled because of their shame,those who say to me, "Aha, aha!"16But may all those who seek you rejoice and be glad in you;let everyone who loves your salvation say continually,"May Yahweh be praised."

17I am poor and needy;yet the Lord thinks about me.You are my help and you come to my rescue;do not delay, my God.

Chapter 41
For the chief musician. A psalm of David.1Blessed is he who is concerned for the weak;in the day of trouble, Yahweh will rescue him.2Yahweh will preserve him and keep him alive,and he will be blessed on the earth;Yahweh will not turn him over to the will of his enemies.3Yahweh will support him on the bed of suffering;you will make his bed of sickness into a bed of healing.

4I said, "Yahweh, have mercy on me!Heal me, for I have sinned against you."5My enemies speak evil against me, saying,'When will he die and his name perish?'6If my enemy comes to see me, he says worthless things;his heart gathers up wickedness for itself;when he goes away from me, he tells others about it.

7All who hate me whisper together against me;against me they hope for my hurt.8They say, "An evil disease holds on tightly to him;now that he is lying down, he will rise up no more."9Indeed, even my own close friend, in whom I trusted,who ate my bread,has lifted up his heel against me.

10But you, Yahweh, have mercy on me and raise me upso that I may pay them back.11By this I know that you delight in me,for my enemy does not triumph over me.12As for me, you support me in my integrityand will keep me before your face forever.

13May Yahweh, the God of Israel be praisedfrom everlasting to everlasting.Amen and Amen.Book Two(Psalms 42-72)

Chapter 42
For the chief musician. A maschil of the sons of Korah.1As the deer pants after streams of water,so I thirst for you, God.2I thirst for God, for the living God,when will I come and appear before God?3My tears have been my food day and night,while my enemies are always saying to me, "Where is your God?"4These things I call to mind as I pour out my soul:how I went with the throng and led them to the house of Godwith the voice of joy and praise, a multitude celebrating a festival.

5Why are you bowed down, my soul?Why are you upset within me?Hope in God, for again I will praise him who is my salvation.

6My God, my soul is bowed down within me,therefore I call you to mind from the land of the Jordan,from the three peaks of Mount Hermon, and from the hill of Mizar.7Deep calls to deep at the noise of your waterfalls;all your waves and your billows have gone over me.

8Yet Yahweh will command his covenant faithfulness in the daytime;in the night his song will be with me,a prayer to the God of my life.

9I will say to God, my rock, "Why have you forgotten me?Why do I go mourning because of the oppression of the enemy?"10As with a sword in my bones, my adversaries rebuke me,while they always say to me, "Where is your God?"

11Why are you bowed down, my soul?Why are you upset within me?Hope in God, for again I will praise him who is my salvation and my God.

Chapter 43
1Bring me justice, God, and plead my case against a nation that is not faithful.Deliver me from the deceitful and unjust man. 2For you are the God of my strength. Why have you rejected me?Why do I go about in mourning because of the oppression of the enemy?3Oh, send out your light and your truth, let them lead me.Let them bring me to your holy hilland to your dwelling.4Then I will go to the altar of God,to God my exceeding joy.I will praise you with the harp, God, my God.

5Why are you bowed down, my soul?Why are you upset within me?Hope in God, for again I will praise him who is my salvation and my God.

Chapter 44
For the chief musician. A psalm of the sons of Korah. A maschil.1We have heard with our ears, God,our fathers have told uswhat work you did in their days,in the days of old.2You drove out the nations with your hand,but you planted our people;you afflicted the peoples,but you spread our people out in the land.3For they did not obtain the land for their possession by their own sword,neither did their own arm save them;but your right hand, your arm, and the light of your face,because you were favorable to them.

4God, You are my King;command victory for Jacob.5Through you we will push down our adversaries;through your name we will tread them under, those who rise up against us.6For I will not trust in my bow,neither will my sword save me.7But you have saved us from our adversaries,and have put to shame those who hate us.8In God we have made our boast all the day long,and we will give thanks to your name forever.Selah

9But now you have rejected us and brought us dishonor,and you do not go out with our armies.10You make us turn back from the adversary;and those who hate us take spoil for themselves.11You have made us like sheep to be slaughteredand have scattered us among the nations.12You sell your people for nothing;you have not increased your wealth by doing so.

13You make us a rebuke to our neighbors,scoffed and mocked by those around us.14You make us an insult among the nations,a shaking of the head among the peoples.15All the day long my dishonor is before me,and the shame of my face has covered me16because of the voice of him who rebukes and insults,because of the enemy and the avenger.

17All this has come on us; yet we have not forgotten youor dealt falsely with your covenant.18Our heart has not turned back;our steps have not gone from your way.19Yet you have severely broken us in the place of jackalsand covered us with the shadow of death.

20If we have forgotten the name of our Godor spread out our hands to a strange god,21would not God search this out?For he knows the secrets of the heart.22Indeed, for your sake we are being killed all day long;we are considered to be sheep for the slaughter.

23Awake, why do you sleep, Lord?Arise, do not reject us forever.24Why do you hide your faceand forget our affliction and our oppression?

25For we have sunk down into the dust;our bodies cling to the earth.26Rise up for our helpand redeem us for the sake of your covenant faithfulness.

Chapter 45
For the chief musician; set to Shoshannim. A psalm of the sons of Korah. A maschil. A song of loves.1My heart overflows on a good subject;I will read aloud the words I have composed about the king;my tongue is the pen of a ready writer.

2You are fairer than the children of mankind;grace is poured onto your lips;therefore we know that God has blessed you forever.

3Gird your sword to your side, mighty one,in your glory and your majesty.4In your majesty ride on triumphantlybecause of trustworthiness, meekness, and righteousness;your right hand will teach you fearful things.5Your arrows are sharp;the peoples fall under you;your arrows are in the hearts of the king's enemies.6Your throne, God, is forever and ever;a scepter of justice is the scepter of your kingdom.7You have loved righteousness and hated wickedness;therefore God, your God, has anointed youwith the oil of gladness more than your companions.8All your garments smell of myrrh, aloes, and cassia;out of ivory palaces stringed instruments have made you glad.9Kings' daughters are among your honorable women;at your right hand stands the queen clothed in gold of Ophir.

10Listen, daughter, consider and incline your ear;forget your own people and your father's house.11In this way the king will desire your beauty;he is your master; revere him.12The daughter of Tyre will be there with a gift;the rich among the people will beg for your favor.13The royal daughter in the palace is all glorious;her clothing is worked with gold.14She will be led to the king in embroidered dress;the virgins, her companions who follow her,will be brought to you.15They will be led by gladness and rejoicing;they will enter into the king's palace.

16In the place of your fathers will be your children,whom you will make princes in all the earth.

17I will make your name to be remembered in all generations;therefore the peoples will give you thanks forever and ever.

Chapter 46
For the chief musician. A psalm of the sons of Korah; set to Alamoth. A song.1God is our refuge and strength,a very present help in trouble.2Therefore we will not fear, though the earth should change,though the mountains should be shaken into the heart of the seas,3though its waters roar and rage, andthough the mountains tremble with their swelling.Selah

4There is a river whose streams make the city of God happy,the holy place where the Most High dwells.5God is in the middle of her; she will not be moved;God will help her, and he will do so at the dawn of morning.6The nations raged and the kingdoms were shaken;he lifted up his voice, and the earth melted.

7Yahweh of hosts is with us;the God of Jacob is our refuge.Selah

8Come, behold the deeds of Yahweh,who has set up objects of horror on earth.9He makes wars cease to the ends of the earth;he breaks the bow and cuts the spear into pieces;he burns up the shields.10Be quiet and know that I am God;I will be exalted among the nations; I will be exalted on the earth.

11Yahweh of hosts is with us;the God of Jacob is our refuge.Selah

Chapter 47
For the chief musician. A psalm of the sons of Korah.1Clap your hands, all you peoples;shout to God with the sound of celebration.

2For Yahweh Most High is terrifying;he is a great King over all the earth.3He subdues peoples under usand nations under our feet.4He chooses our inheritance for us,the pride of Jacob whom he loved.Selah

5God has gone up with a shout,Yahweh with the sound of a ram's horn.6Sing praises to God, sing praises;sing praises to our King, sing praises.7For God is the King over all the earth;sing praises with understanding.

8God reigns over the nations;God sits on his holy throne.9The princes of the peoples have gathered togetherto the people of the God of Abraham;for the shields of the earth belong to God;he is greatly exalted.

Chapter 48
A song; a psalm of the sons of Korah.1Great is Yahweh and greatly to be praised,in the city of our God on his holy mountain.

2Beautiful in elevation, the joy of the whole earth,is Mount Zion, on the sides of the north,the city of the great King.3God has made himself known in her palaces as a refuge.

4For, see, the kings assembled themselves;they passed by together.5They saw it, then they were amazed;they were dismayed, and they hurried away.6Trembling took hold of them there,pain as when a woman is in labor.7With the east windyou break the ships of Tarshish.

8As we have heard, so have we seenin the city of Yahweh of hosts, in the city of our God;God will establish it forever.Selah

9We have thought about your covenant faithfulness, God,in the middle of your temple.10As your name is, God,so is your praise to the ends of the earth;your right hand is full of righteousness.11Let Mount Zion be glad,let the daughters of Judah rejoicebecause of your righteous decrees.

12Walk around Mount Zion, go round about her;count her towers,13notice well her walls,and look at her palacesso that you may tell it to the next generation.

14For this God is our God forever and ever;he will be our guide to death.

Chapter 49
For the chief musician. A psalm of the sons of Korah.1Hear this, all you peoples;give ear, all you inhabitants of the world,2both low and high,rich and poor together.3My mouth will speak wisdomand the meditation of my heart will be of understanding.4I will incline my ear to a parable;I will begin my parable with the harp.

5Why should I fear the days of evil,when iniquity surrounds me at my heels?6Why should I fear those who trust in their wealthand boast about the amount of their riches?7It is certain that no one can redeem his brotheror give God a ransom for him,8For the redemption of one's life is costly,and no one can pay what we owe.9No one can live foreverso that he would not see the pit.10For he will see decay. Wise men die;the fool and the brute alike perishand leave their wealth to others.11Their inner thought is that their families will continue forever,and the places where they live, to all generations;they call their lands after their own names.

12But man, having wealth, does not remain alive;he is like the wild animals that perish.

13This, their way, is their folly;yet after them, men approve of their sayings.Selah14Like sheep they are appointed for Sheol,and death will be their shepherd.The upright will rule over them in the morning,and their bodies will be consumed in Sheol,with no place for them to live.15But God will redeem my life from the power of Sheol;he will receive me.Selah16Do not be afraid when one becomes rich,and the glory of his house increases.17For when he dies he will take nothing away;his glory will not go down after him.18He blessed his soul while he lived—and men praise you when you live for yourself—19he will go to the generation of his fathersand they will never see the light again.

20One who has wealth but no understandingis like the animals that perish.

Chapter 50
A psalm of Asaph.1The Mighty One, God, Yahweh, has spoken and called the earthfrom the rising of the sun to its setting.2Out of Zion, the perfection of beauty,God has shone.3Our God comes and does not stay silent;a fire devours before him,and it is very stormy around him.4He calls to the heavens aboveand to the earth so that he may judge his people:5"Gather my faithful ones together to me,those who have made a covenant with me by sacrifice."6The heavens will declare his righteousness,for God himself is judge.Selah

7"Hear, my people, and I will speak, Israel,and I will testify against you.I am God, your God.8I will not reprove you for your sacrifices;your burnt offerings are always before me.9I will take no bull out of your house,or male goats out of your folds.10For every animal of the forest is mine,and the cattle on a thousand hills.11I know all the birds of the mountains,and the wild beasts of the field are mine.12If I were hungry, I would not tell you;for the world is mine, and everything in it.13Will I eat the flesh of bullsor drink the blood of goats?

14Offer to God the sacrifice of thanksgiving,and pay your vows to the Most High.15Call on me in the day of trouble;I will rescue you, and you will glorify me."

16But to the wicked God says,"What have you to do with declaring my statutes,that you have taken my covenant in your mouth,17since you hate instructionand throw my words away?18When you see a thief, you agree with him;you participate with those who commit adultery.19You give your mouth to evil,and your tongue expresses deceit.20You sit and speak against your brother;you slander your own mother's son.21You have done these things, but I have kept silent,so you thought that I was someone just like yourself.But I will reprove you and bring up, right before your eyes, all the things you have done.

22Give this careful consideration, you who forget God,otherwise I will tear you to pieces,and there will be no one to come to help you!23The one who offers a sacrifice of thanksgiving praises me,and to anyone who plans his path in the right wayI will show God's salvation."

Chapter 51
For the chief musician. A psalm of David; when Nathan the prophet came to him after he had gone into Bathsheba.1Have mercy on me, God, because of your covenant faithfulness;for the sake of the multitude of your merciful actions, blot out my transgressions.2Wash me thoroughly from my iniquityand cleanse me from my sin.

3For I know my transgressions,and my sin is always before me.4Against you, you only, I have sinnedand done what is evil in your sight;you are justified when you speak;you are blameless when you judge.5See, I was born in iniquity;as soon as my mother conceived me, I was in sin.6See, you desire trustworthiness in my inner self;and you teach me wisdom in the secret place within.

7Purify me with hyssop, and I will be clean;wash me, and I will be whiter than snow.8Make me hear joy and gladnessso that the bones that you have broken may rejoice.9Hide your face from my sinsand blot out all my iniquities.

10Create in me a clean heart, God,and renew a right spirit within me.11Do not drive me away from your presence,and do not take your holy Spirit from me.12Restore to me the joy of your salvation,and sustain me with a willing spirit.

13Then will I teach transgressors your ways,and sinners will be converted to you.14Forgive me for shedding blood, God of my salvation,and I will shout for the joy of your righteousness.15Lord, open my lips,and my mouth will express your praise.16For you do not delight in sacrifice, or I would give it;you have no pleasure in burnt offerings.17The sacrifices of God are a broken spirit.You, God, will not despise a broken and a contrite heart.

18Do good in your good pleasure to Zion;rebuild the walls of Jerusalem.19Then will you delight in the sacrifices of righteousness,in burnt offerings and whole burnt offerings;then our people will offer bulls on your altar.

Chapter 52
For the chief musician. A maschil of David; when Doeg the Edomite came and told Saul, and said to him, "David has come to the house of Ahimelek."1Why are you proud of making trouble, you mighty man?The covenant faithfulness of God comes every day.2Your tongue plans destructionlike a sharp razor, working deceitfully.3You love evil more than goodand lying rather than speaking righteousness.Selah4You love all words that devour others,you deceitful tongue.

5God will surely destroy you forever;he will take you up and pluck you out of your tentand root you out of the land of the living.Selah6The righteous will also see it and fear;they will laugh at him and say,7"See, this is a man who did not make God his refuge,but he trusted in the abundance of his wealth,and he was strong when he destroyed others."

8But as for me, I am like a green olive tree in the house of God;I will trust in the covenant faithfulness of God forever and ever.9I will give you thanks forever for what you have done.I will wait for your name, because it is good,in the presence of your faithful ones.

Chapter 53
For the chief musician; set to Mahalath. A maschil of David.1A fool says in his heart, "There is no God."They are corrupt and have done abominable iniquity;there is no one who does good.

2God looks down from heaven on the children of mankindto see if there are any who understand,who seek after him.3They have all turned away. Together they have become corrupt.There is not one who does good, not even one.

4Do those who behave wickedly have no understanding—those who devour my people as if they were eating breadand they do not call on God?5There they are, in great fear,where there was nothing to cause them to be afraid;for God will scatter the bones of those who encamp against you;you put them to shame,for God has rejected them.

6Oh, that the salvation of Israel would come from Zion!When God brings back his people from the captivity,then Jacob will rejoice and Israel will be glad!

Chapter 54
For the chief musician; on stringed instruments. A maschil of David; when the Ziphites came and said to Saul, "Does David not hide himself with us?"1Save me, God, by your name,and judge me in your might.2Hear my prayer, God;give ear to the words of my mouth.

3For strangers have risen up against me,and ruthless men have sought after my life;they have not set God before them.Selah

4See, God is my helper;the Lord is the one who upholds me.5He will repay my enemies with evil;in your faithfulness, destroy them!

6I will sacrifice to you with a freewill offering;I will give thanks to your name, Yahweh, for it is good.7For he has rescued me from every trouble;my eye has looked in triumph on my enemies.

Chapter 55
For the chief musician; on stringed instruments. A maschil of David.1Give ear to my prayer, God;and do not hide yourself from my plea.2Pay attention to me and answer me;I am restless in my troubles3because of the voice of my enemies,because of the oppression of the wicked;for they bring trouble on me,they are hostile to me with wickedness and anger.

4My heart trembles within me,and the terrors of death have fallen on me.5Fear and trembling have come on me,and horror has overwhelmed me.6I said, "Oh, if only I had wings like a dove!Then would I fly away and be at rest.7See, then I would wander far away;I would stay in the wilderness.Selah8I would hurry to a shelterfrom the stormy wind and tempest."

9Destroy, Lord, and divide their tongue;for I see violence and strife in the city.10Day and night they go about on its walls;wickedness and trouble are in the middle of it.11Wickedness is in the middle of it;oppression and deceit do not leave its streets.

12For it was not an enemy who rebuked me,then I could have borne it;neither was it he who hated me who raised himself up against me,then I would have hidden myself from him.13But it was you, a man equal to myself,my companion and my close friend.14We had sweet fellowship together;we walked in the house of God with the throng.

15Let death come deceitfully on them;let them go down alive to Sheol,for wickedness is where they live, right among them.

16As for me, I will call on God,and Yahweh will save me.17In the evening, morning, and at noonday I complain and moan;he will hear my voice.18He will safely rescue my life from the battle that was against me,for those who fought against me were many.19God, the one who rules from eternity,will hear them and humiliate them.Selah

They never change,and they do not fear God.20My friend has raised his hands against those who were at peace with him;he has not respected the covenant that he had.21His mouth was smooth as butter,but his heart was hostile;his words were softer than oil,yet they were actually drawn swords.

22Place your burdens on Yahweh, and he will sustain you;he will never allow a righteous person to totter.23But you, God, will bring the wicked down into the pit of destruction;men of bloodshed and deceit will not live even half as long as others,but I will trust in you.

Chapter 56
For the chief musician; set to Jonath elem rehokim. A psalm of David. A michtam; when the Philistines took him in Gath.1Be merciful to me, God, for men are attacking me!All the day long those who fight me oppress me.2My enemies trample me all day long;for there are many who arrogantly fight against me.

3When I am afraid,I will put my trust in you.4In God, whose word I praise—in God I have put my trust; I will not be afraid;what can mere man do to me?

5All the day long they twist my words;all their thoughts are against me for evil.6They gather themselves together, they hide themselves,and they mark my steps,just as they have waited for my life.7Do not let them escape doing iniquity.Bring down the peoples in your anger, God.

8You number my wanderingsand put my tears into your bottle;are they not in your book?9Then my enemies will turn back on the day that I call to you;this I know, that God is for me.

10In God—whose word I praise,in Yahweh—whose word I praise,11in God I trust,I will not be afraid.What can anyone do to me?

12The duty to fulfill my vows to you is on me, God;I will give thank offerings to you.13For you have rescued my life from death;you have kept my feet from stumbling,so that I may walk before Godin the light of the living.

Chapter 57
For the chief musician; set to Al Tashheth. A psalm of David. A michtam; when he fled from Saul, in the cave.1Be merciful to me, God, be merciful to me,for I take refuge in you until these troubles are over.I stay under your wings for protection until this destruction is over.

2I will cry to God Most High,to God, who does all things for me.3He will send help from heaven and save me,he rebukes those who hotly pursue me.SelahGod will send me his steadfast love and his faithfulness.

4My life is among lions;I am among those who are ready to devour me.I am among people whose teeth are spears and arrows,and whose tongues are sharp swords.

5Be exalted, God, above the heavens;let your glory be above all the earth.

6They spread out a net for my feet;I was bowed down.They dug a pit in front of me.They themselves have fallen into the middle of it!Selah

7My heart is fixed, God, my heart is fixed;I will sing, yes, I will sing praises.8Wake up, my glory!Wake up, lute and harp!I will wake up the dawn!

9I will give thanks to you, Lord, among the peoples;I will sing praises to you among the nations.10For great is your unfailing love, reaching to the heavens;and your faithfulness to the clouds.

11Be exalted, God, above the heavens;may your glory be exalted over all the earth.

Chapter 58
For the chief musician; set to Al Tashheth. A psalm of David. A michtam.1Do you rulers speak righteousness?Do you judge uprightly, you people?2No, you commit wickedness in your heart;you distribute violence throughout the land with your hands.

3The wicked go astray even when they are in the womb;they go astray from birth, speaking lies.4Their poison is like a snake's poison;they are like a deaf asp that stops up its ears,5that pays no attention to the voice of charmers,no matter how skillful they are.

6Shatter their teeth in their mouths, God;break out the great teeth of the young lions, Yahweh.7Let them melt away as water that runs off;when they shoot their arrows, let them be as though they had no points.8Let them be like a snail that melts and passes away,like the untimely born child of a woman that never sees the sunlight.

9Before your pots can feel the thorn's burning heat,he will take them away with a whirlwind, the green thorns and the burning thorns alike.10The righteous will rejoice when he sees God's vengeance;he will wash his feet in the blood of the wicked,11so that men will say, "Truly, there is a reward for the righteous person;truly there is a God who judges the earth."

Chapter 59
For the chief musician; set to Al Tashheth. A psalm of David. A michtam; when Saul sent, and they watched the house to kill him.1Rescue me from my enemies, my God;set me on high away from those who rise up against me.2Keep me safe from those who behave wickedly,and save me from men of bloodshed.

3For, see, they wait in ambush to take my life.The powerful men gather themselves together against me,but not because of my transgression or my sin, Yahweh.4For no guilt of mine they prepare to run at me;awake and help me and see.5You, Yahweh God of hosts, the God of Israel,arise and punish all the nations;do not be merciful to any wicked transgressors.Selah

6They return at evening, they howl like dogsand go around the city.7See, they belch out with their mouths;swords are in their lips,for they say, "Who hears us?"8But you, Yahweh, laugh at them;you mock at all the nations.

9God, my strength, I will pay attention to you;you are my high tower.10My God will meet me with his covenant faithfulness;God will let me see my desire on my enemies.

11Do not kill them, or my people will forget.Scatter them by your power and make them fall, Lord our shield.12For the sins of their mouths and the words of their lips,let them be captured in their pride,and for the curses and lies that they express.13Consume them in wrath, consume them so that they will be no more;let them know that God rules in Jacoband to the ends of the earth.Selah

14At evening they return,howling like dogs going around the city.15They wander about looking for foodand they growl like a dog if they are not satisfied.16But I will sing about your strength,and in the morning I will praise your steadfast love!For you have been my high towerand a refuge in the day of my distress.

17To you, my strength, I will sing praises;for God is my high tower, the God of covenant faithfulness.

Chapter 60
For the chief musician; set to Shushan Eduth. A michtam of David, for teaching; when he fought with Aram Naharaim and with Aram Zobah, and Joab returned and killed twelve thousand Edomites in the Valley of Salt.1God, you have rejected us; you have broken through our defenses;you have been angry; restore us again.2You have made the land tremble; you have torn it apart;heal its cracks, for it is shaking.3You have made your people see difficult things;you have made us drink the wine of staggering.4For those who honor you,you have set up a bannerto be displayed against those who carry the bow.Selah

5So that those you love may be rescued,rescue us with your right hand and answer me.6God has spoken in his holiness, "I will rejoice;I will divide Shechem and apportion out the Valley of Sukkoth.7Gilead is mine, and Manasseh is mine;Ephraim also is my helmet;Judah is my scepter.8Moab is my washbasin;over Edom I will throw my sandal;I will shout in triumph because of Philistia."

9Who will bring me into the strong city?Who will lead me to Edom?10But you, God, have you not rejected us?You do not go into battle with our army.11Give us help against the enemy,for man's help is futile.12We will triumph with God's help;he will trample down our enemies.

Chapter 61
For the chief musician; on a stringed instrument. A psalm of David.1Hear my cry, God;attend to my prayer.

2From the ends of the earth will I call to you when my heart is faint;lead me to the rock that is higher than I.3For you have been a refuge for me,a strong tower from the enemy.

4Let me live in your tabernacle forever!Let me take refuge under the shelter of your wings.Selah5For you, God, have heard my vows,you have given me the inheritance of those who honor your name.

6You will prolong the king's life;his years will be like many generations.7He will reign before God forever;appoint your steadfast love and faithfulness to protect him.8I will sing praise to your name foreverso that I may perform my vows every day.2

Chapter 62
For the chief musician; after the manner of Jeduthun. A psalm of David.1I wait in silence for God alone;my salvation comes from him.2He alone is my rock and my salvation;he is my high tower; I will not be greatly moved.

3How long, all of you, will you attack a man,that you may murder him,like a leaning wall or a shaky fence?4They consult with him only to bring him down from his honorable position;they love to tell lies;they bless him with their mouths, but in their hearts they curse him.Selah

5I wait in silence for God alone;for my hope is set on him.6He alone is my rock and my salvation;he is my high tower; I will not be moved.7With God is my salvation and my glory;the rock of my strength and my refuge are in God.8Trust in him at all times, you people;pour out your heart before him;God is a refuge for us.Selah

9Surely men of low standing are vanity, and men of high standing are a lie;they will weigh lightly in the scales;weighed together, they are lighter than nothing.10Do not trust in oppression or robbery;and do not hope uselessly in riches,for they will bear no fruit; do not fix your heart on them.

11God has spoken once,twice have I heard this:power belongs to God.12Also to you, Lord, belongs covenant faithfulness,for you pay back every person for what he has done.

Chapter 63
A psalm of David, when he was in the wilderness of Judah.1God, you are my God! I earnestly search for you,my soul thirsts for you, and my flesh longs for you,in a dry and weary land where there is no water.

2So I have looked on you in the sanctuary,to see your power and your glory.3Because your covenant faithfulness is better than life,my lips will praise you.4So I will bless you while I live;I will lift up my hands in your name.5It will be as if I ate a meal of marrow and fatness;with joyful lips my mouth will praise you,

6when I think about you on my bedand meditate on you in the night watches.7For you have been my help,and in the shadow of your wings I rejoice.8I cling to you;your right hand supports me.

9But those who seek to destroy my lifewill go down into the lowest parts of the earth;10they will be given over to those whose hands use the sword,and they will become food for the jackals.11But the king will rejoice in God;everyone who swears by him will be proud of him,but the mouth of those who speak lies will be stopped up.

Chapter 64
For the chief musician. A psalm of David.1Hear my voice, God, listen to my complaint;preserve my life from fear of my enemies.

2Hide me from the secret plotting of evildoers,from the commotion of those who behave wickedly.3They have sharpened their tongues like swords;they have aimed their arrows, bitter words,4so that they may shoot from secret places at someone who is innocent;suddenly they shoot at him and fear nothing.

5They encourage themselves in an evil plan;they consult privately together in order to set traps;they say, "Who will see us?"6They invent injustices;"We have finished," they say, "a careful plan."The inner thoughts and hearts of man are deep.

7But God will shoot them;suddenly they will be wounded with his arrows.8They will be made to stumble, since their own tongues are against them;all who see them will wag their heads.9All people will fearand will declare God's deeds.They will wisely think about what he has done.

10The righteous will be glad about Yahweh and will take refuge in him;all the upright in heart will take pride in him.

Chapter 65
For the chief musician. A psalm. A song of David.1For you, God in Zion, our praise waits;our vows will be carried out to you.2You who hear prayer,to you all flesh will come.3Iniquities prevail against us;as for our transgressions, you will forgive them.4Blessed is the man whom you choose to bring near to youso that he may live in your courts.We will be satisfied with the goodness of your house,your holy temple.

5In righteousness you will answer us by doing awesome deeds,God of our salvation;you who are hope of all the ends of the earthand of those who are far across the sea.6For it is you who made the mountains firm,you who are girded with strength.7It is you who quiet the roaring of the seas,the roaring of their waves,and the commotion of the peoples.8Those who live in the uttermost parts of the earth are afraid of the evidence of your deeds;you make the east and the west rejoice.

9You come to help the earth; you water it;you greatly enrich it;the river of God is full of water;you provide mankind grain when you have prepared the earth.10You water its furrows abundantly;you settle down the furrows' ridges;you make them soft with rain showers;you bless the sprouts between them.11You crown the year with your goodness,and your wagon tracks overflow with abundance.12The pastures in the wilderness drip with dew,and the hills are girded with joy.13The pastures are clothed with flocks;the valleys also are covered over with grain;they shout for joy, and they sing.

Chapter 66
For the chief musician. A song, a psalm.1Shout out loud to God, all the earth;2Sing out the glory of his name;make his praise glorious.3Say to God, "How terrifying are your deeds!By the greatness of your power your enemies will submit to you.4All the earth will worship youand will sing to you;they will sing praises to your name."Selah

5Come and see the works of God;he is fearsome in his deeds toward the sons of mankind.6He turned the sea into dry land;they went through the river on foot;there we rejoiced in him.7He rules forever by his might;his eyes observe the nations;let not the rebellious exalt themselves.Selah

8Give blessing to God, you people,let the sound of his praise be heard.9He keeps us among the living,and he does not permit our feet to slip.10For you, God, have tested us;you have tested us as silver is tested.11You brought us into a net;you laid a heavy burden on our backs.12You made people ride over our heads;we went through fire and water,but you brought us out into a spacious place.

13I will come into your house with burnt offerings;I will pay you my vows14which my lips promisedand my mouth spoke when I was in distress.15I will offer to you burnt offerings of fat animalswith the sweet aroma of rams;I will offer bulls and goats.Selah

16Come and listen, all you who fear God,and I will declare what he has done for my soul.17I cried to him with my mouth,and he was praised with my tongue.18If I had seen wickedness within my heart,the Lord would not have listened to me.19But God has truly heard;he has paid attention to the voice of my prayer.20Blessed be God,who has not turned away my prayeror his covenant faithfulness from me.

Chapter 67
For the chief musician; on stringed instruments. A psalm, a song.1May God be merciful to us and bless usand cause his face to shine on usSelah2so that your ways may be known on earth,your salvation among all nations.

3Let the peoples praise you, God;let all the peoples praise you.4Oh, let the nations be glad and sing for joy,for you will judge the peoples with justiceand govern the nations on earth.Selah5Let the peoples praise you, God;let all the peoples praise you.

6The earth has yielded its produceand God, our God, has blessed us.7God has blessed us,and all the ends of the earth honor him.

Chapter 68
For the chief musician; A psalm of David, a song.1Let God arise; let his enemies be scattered;let those also who hate him flee before him.2As smoke is driven away, so drive them away;as wax melts before the fire,so let the wicked perish in the presence of God.3But let the righteous be glad; let them rejoice before God;may they rejoice with gladness.

4Sing to God! Sing praises to his name!Praise the one who rides through the plains of the Jordan River valley!Yah is his name! Rejoice before him! [1](#footnote-target-1)5A Father of the fatherless, a judge of the widows,is God in the holy place where he lives.6God puts the lonely into families;he brings out the prisoners with singing;but the rebellious live in a parched land.

7God, when you went out before your people,when you marched through the wilderness,Selah8the earth trembled;the heavens also dropped rain in God's presence,in the presence of God when he came to Sinai, in the presence of God, the God of Israel.9You, God, sent a plentiful rain;you strengthened your inheritance when it was weary.10Your people lived in it;You, God, gave from your goodness to the poor.

11The Lord gave the word,and those who announced them were a great army.12Kings of armies flee, they flee,and the women waiting at home divide the plunder:13the wings of a dove are covered with silver,its feathers with shining gold.Yet some of you people lie down among the sheepfolds.14The Almighty scattered kings there,it was as when it snowed on Mount Zalmon.

15A mighty mountain is the hill country of Bashan;a high mountain is the hill country of Bashan.16Why do you look in envy, you high hill country,at the mountain which God desires for the place he will live?Indeed, Yahweh will live in it forever.17The chariots of God are twenty thousand, thousands upon thousands;the Lord is among them in the holy place, as at Sinai.18You have ascended on high; you have led away captives;you have received gifts from among men,even from the rebellious,so that Yah, God, might live there.

[2](#footnote-target-2)19Blessed be the Lord, who daily bears our burdens,the God who is our salvation.Selah20Our God is a God who saves;Yahweh the Lord is the one who is able to rescue us from death.21But God will strike through the heads of his enemies,through the hairy scalps of those who walk in offenses against him.22The Lord said, "I will bring my enemies back from Bashan;I will bring them back from the depths of the sea23so that you may crush your enemies, dipping your foot in blood,and so that the tongues of your dogs may have their share from your enemies."

24They have seen your processions, God,the processions of my God, my King, into the holy place.25The singers went first, the minstrels followed after,and in the middle were the unmarried girls playing tambourines.26Bless God in the assemblies;praise Yahweh, you who are from the fountain [3](#footnote-target-3) of Israel.27There is Benjamin, the smallest tribe, ruling them,then the leaders of Judah and their multitudes,the leaders of Zebulun and the leaders of Naphtali.

28Your God, Israel, has decreed your strength;reveal to us your power, God, as you have revealed it in times past.29Reveal your power to us from your temple at Jerusalem,where kings bring tribute to you.30Rebuke the wild beasts in the reeds,against the peoples, that multitude of bulls and calves.Humiliate them and make them bring you silver;scatter the peoples who love to wage war.31Princes will come out of Egypt;Cush will hurry to reach out with her hands to God.

32Sing to God, you kingdoms of the earth.SelahSing praises to the Lord,33to him who rides on the heaven of heavens, which exist from ancient times;see, he lifts up his voice with power.34Ascribe strength to God;his majesty is over Israel,and his strength is in the skies.35God, you are fearsome in your holy place;the God of Israel—he gives strength and power to his people.Blessed be God.

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.[2](#footnote-caller-2)Yah is a short form of the name Yahweh.[3](#footnote-caller-3)The copies of the ancient Hebrew text can be read either as from the fountain or from the assembly .

Chapter 69
For the chief musician; set to Shoshannim. A psalm of David.1Save me, God;for the waters have put my life in danger.2I sink in deep mire, where there is no place to stand;I have come into deep waters, where the floods flow over me.3I am weary with my crying; my throat is dry;my eyes fail while I wait for my God.4Those who hate me without a cause are more than the hairs on my head;those who would cut me off, being my enemies for wrong reasons, are mighty;what I did not steal, I have to give back.

5God, you know my foolishness,and my sins are not hidden from you.

6Let not those who hope in you be put to shame because of me, Lord Yahweh of hosts;let not those who seek you be brought to dishonor because of me, God of Israel.7For your sake I have borne rebuke;shame has covered my face.8I have become a stranger to my brothers,an alien to my mother's children.9For the zeal of your house has eaten me up,and the rebukes of those who rebuke you have fallen on me.10When I weep and fast,I must endure scorn.11When I put on sackcloth,I became a byword to them.12Those who sit in the city gate talk about me;I am a song of drunkards.

13But as for me, my prayer is to you, Yahweh, at a time that you will accept;answer me in the trustworthiness of your salvation.14Pull me out of the mire, and do not let me sink;let me be taken away from those who hate me and rescued out of the deep waters.15Do not let the floods of water overwhelm me,neither let the deep swallow me up.Do not let the pit shut its mouth on me.

16Answer me, Yahweh, for your covenant faithfulness is good;because your mercies for me are many, turn to me.17Do not hide your face from your servant,for I am in distress; answer me quickly.18Come to me and redeem me.Because of my enemies, ransom me.

19You know my rebuke, my shame, and my dishonor;my adversaries are all before you.20Rebuke has broken my heart; I am full of heaviness;I looked for someone to take pity, but there was none;I looked for comforters, but I found none.21They gave me poison for my food;in my thirst they gave me vinegar to drink.

22Let their table before them become a snare;when they think they are in safety, let it become a trap.23Let their eyes be darkened so that they cannot see;and always make their loins shake.24Pour out your indignation on them,and let your raging anger overtake them.25Let their encampment be a desolation;let no one live in their tents.26For they persecuted the one you struck down.They repeated the account of the pain of those you have wounded.27Accuse them of having committed iniquity after iniquity;do not let them come into your righteous victory.28Let them be blotted out of the Book of Lifeand not be written down along with the righteous.

29But I am poor and in pain;let your salvation, God, set me up on high.

30I will praise the name of God with a songand will exalt him with thanksgiving.31That will please Yahweh better than an oxor a bull that has horns and hooves.32The meek have seen it and are glad;you who seek after God, let your hearts live.33For Yahweh hears the needyand does not despise his prisoners.

34Let heaven and earth praise him,the seas and everything that moves in them.35For God will save Zion and will rebuild the cities of Judah;the people will live there and have it as a possession.36His servants' descendants will inherit it;and those who love his name will live there.

Chapter 70
For the chief musician. A psalm of David; to bring to remembrance.1Save me, God!Yahweh, come quickly and help me.

2Let those who try to take my lifebe ashamed and humiliated;let them be turned back and brought to dishonor,those who take pleasure in my pain.3Let them be turned back because of their shame,those who say, "Aha, aha."4Let all those who seek you rejoice and be glad in you;let those who love your salvation always say,"May God be praised."

5But I am poor and needy;hurry to me, God;you are my help and you rescue me.Yahweh, do not delay.

Chapter 71
1In you, Yahweh, I take refuge;let me never be put to shame.2Rescue me and make me safe in your righteousness;turn your ear to me and save me.3Be to me a rock for refuge where I may always go;you have given a command to save me,for you are my rock and my fortress.4Rescue me, my God, out of the hand of the wicked,out of the hand of the unrighteous and ruthless.

5For you are my hope, Lord Yahweh.I have trusted in you ever since I was a child.6By you I have been supported from the womb;you are he who took me out of my mother's belly;my praise will be always about you.7I am a marvel to many people;you are my strong refuge.8My mouth will be filled with your praise,all the day with your honor.

9Do not throw me away in my time of old age;do not abandon me when my strength fails.10For my enemies are talking about me;those who watch for my life are plotting together.11They say, "God has abandoned him;pursue and take him, for there is no one to save him."12God, do not be far from me;my God, hurry to help me.13Let them be put to shame and destroyed, those who are hostile to my life;let them be covered with rebuke and dishonor, those who seek my hurt.

14But I will always hope in youand will praise you more and more.15My mouth will tell about your righteousnessand your salvation all the day,although I cannot understand it.16I will come with the mighty acts of the Lord Yahweh;I will make mention of your righteousness, yours alone.17God, you have taught me from my youth;even now I declare your wonderful deeds.18Indeed, even when I am old and gray-headed, God, do not abandon me,as I have been declaring your strength to the next generation,your power to everyone who is to come.

19Your righteousness also, God, is very high;you who have done great things, God, who is like you?20You who made me see many troubleswill revive us againand will bring us up again from the depths of the earth.21May you increase my honor;turn again and comfort me.

22I will also give thanks to you with the harpfor your trustworthiness, my God;to you I will sing praises with the harp,Holy One of Israel.23My lips will shout for joy when I sing praises to you—even my soul, which you have redeemed.24My tongue will also talk about your righteousness all day long;for they have been put to shame and are confused, those who sought my hurt.

Chapter 72
A psalm of Solomon.1Give the king your righteous decrees, God,your righteousness to the king's son.2May he judge your people with righteousnessand your poor with justice.

3May the mountains produce peace for the people;may the hills produce righteousness.4May he judge the poor of the people;may he save the children of the needyand break in pieces the oppressor.5May they honor you while the sun endures,and as long as the moon lasts throughout all generations.6May he come down like rain on the mown grass,like showers that water the earth.7May the righteous flourish in his days,and may there be an abundance of peace till the moon is no more.

8May he have dominion from sea to sea,and from the River to the ends of the earth.9May those who live in the wilderness bow down before him;may his enemies lick the dust.10May the kings of Tarshish and of the islands render tribute;may the kings of Sheba and Seba offer gifts.11Indeed, may all kings fall down before him;may all nations serve him.

12For he helps the needy person who cries outand the poor person who has no other helper.13He has pity on the poor and needy,and he saves the lives of needy people.14He redeems their lives from oppression and violence,and their blood is precious in his sight.

15May he live! May the gold of Sheba be given to him.May people always pray for him;may God bless him all day long.16May there be abundance of grain in the land;on the mountaintops may their crops wave.May the fruit of it be like Lebanon;may the people flourish in the cities like the grass of the field.17May his name endure forever;may his name continue as long as the sun;may people be blessed in him;may all nations call him blessed.

18May Yahweh God, the God of Israel, be blessed,who alone does wonderful things.19May his glorious name be blessed forever,and may the whole earth be filled with his glory.Amen and Amen.

20The prayers of David son of Jesse are finished.Book Three(Psalms 73-89)

Chapter 73
A psalm of Asaph.1Surely God is good to Israel,to those with a pure heart.

2But as for me, my feet almost slipped;my feet almost slipped out from under me3because I was envious of the arrogantwhen I saw the prosperity of the wicked.

4For they have no pain until their death,but they are strong and well fed.5They are not in trouble like other men;they are not afflicted like other men.6Pride adorns them like a necklace around their neck;violence clothes them like a robe.7Out of such blindness comes sin;evil thoughts pass through their hearts.8They mock and speak wickedly;in their arrogance they threaten oppression.9They set their mouth against the heavens,and their tongues march through the earth.10Therefore his people turn to themand abundant waters are drained out.11They say, "How does God know?Is there knowledge with the Most High?"

12Take notice: these people are wicked;they are always at ease, becoming richer and richer.

13Surely it is in vain that I have guarded my heartand washed my hands in innocence.14For all the day long I have been afflictedand disciplined every morning.

15If I had said, "I will say these things,"then I would have betrayed this generation of your children.16Though I tried to understand these things,it was too difficult for me.17Then I went into God's sanctuaryand came to understand their fate.

18Surely you put them in slippery places;you bring them down to ruin.19How they become a wilderness in a moment!They come to an end and are finished in awful terrors.20They are like a dream after one wakes up;Lord, when you arise, you will despise their image.

21For my heart was embittered,and I was deeply wounded.22I was ignorant and lacked insight;I was like a senseless animal before you.

23Yet I am always with you;you hold my right hand.24You will guide me with your adviceand afterward receive me to glory.25Whom have I in heaven but you?There is no one on earth that I desire but you.26My flesh and my heart grow weak,but God is the strength of my heart and my portion forever.

27Those who are far from you will perish;you will destroy all those who are unfaithful to you.28But as for me, all I need to do is to approach God.I have made the Lord Yahweh my refuge.I will declare all your deeds.

Chapter 74
A maschil of Asaph.1God, why have you rejected us forever?Why does your anger burn against the sheep of your pasture?2Call to mind your people, whom you purchased in ancient times,the tribe whom you have redeemed to be your own heritage,and Mount Zion, where you live.3Come look at the everlasting ruins,all the damage that the enemy has done in the holy place.

4Your adversaries roared in the middle of your appointed place;they set up their battle flags.5They hacked away with axesas in a thick forest.6They smashed and broke down all the engravings;they broke them with axes and hammers.7They set your sanctuary on fire, knocking it to the ground;they desecrated the dwelling place of your name.8They said in their hearts, "We will destroy them all."They burned up all the meeting places of God in the land.

9We do not see any more signs;there is no prophet any more,and no one among us knows how long this will last.10How long, God, will the enemy throw insults at you?Will the enemy blaspheme your name forever?11Why do you hold back your hand, your right hand?Take your right hand from your garment and destroy them.

12Yet God has been my king from ancient times,bringing salvation on the earth.

13You divided the sea by your strength;you smashed the heads of the sea monsters in the waters.14You crushed the heads of leviathan;you fed him to those living in the wilderness.15You broke open springs and streams;you dried up flowing rivers.16The day is yours, and the night is yours also;you set the light and the sun in place.17You have set all the borders of the earth;you have made summer and winter.

18Call to mind how the enemy hurled insults at you, Yahweh,and that a foolish people has blasphemed your name.19Do not give the life of your dove to a wild animal.Do not forget forever the life of your oppressed people.20Remember your covenant,for the dark regions of the land are full of places of violence.21Do not let the oppressed be turned back in shame;let the poor and oppressed praise your name.22Arise, God; plead your own cause;call to mind how fools mock you all day long.23Do not forget the voice of your adversariesor the uproar of those who continually defy you.

Chapter 75
For the chief musician; set to Al Tashheth. A psalm of Asaph, a song.1We give thanks to you, God;we give thanks, for your name is near;people tell of your wondrous works.

2At the appointed time I will judge fairly.3Though the earth and all the inhabitants shake in fear,I make steady the earth's pillars.Selah4I said to the arrogant, "Do not be arrogant,"and to the wicked, "Do not lift up the horn.5Do not lift up your horn to the heights;do not speak with an arrogant neck."

6It is not from the east or from the west,and it is not from the wilderness that lifting up comes.7But God is the judge;he brings down and he lifts up.8For Yahweh holds in his hand a cup of foaming wine,which is mixed with spices, and pours it out.Surely all the wicked of the earth will drink it to the last drop.

9But I will continually tell what you have done;I will sing praises to the God of Jacob.10He says, "I will cut off all the horns of the wicked,but the horns of the righteous will be raised up."

Chapter 76
For the chief musician, on stringed instruments. A psalm of Asaph, a song.1God has made himself known in Judah;his name is great in Israel.2His tent is in Salem;his dwelling place is in Zion.3There he broke the arrows of the bow,the shield, the sword, and the other weapons of war.Selah

4You shine brightly and are majesticas you descend from the mountains, where you killed your victims.5The brave of heart were plundered;they fell asleep.All the warriors were helpless.6At your rebuke, God of Jacob,both charioteer and horse fell asleep.

7You, yes you, are to be feared;who can stand in your sight when you are angry?8From heaven you made your judgment heard;the earth was afraid and silent9when you, God, arose to execute judgmentand to save all the oppressed of the earth.Selah10Surely your angry judgment against humanity will bring you praise;you gird yourself with the remnant of your anger.

11Make vows to Yahweh your God and keep them.May all who surround him bring tribute to him who is to be feared.12He cuts off the spirit of the princes;he is feared by the kings of the earth.

Chapter 77
For the chief musician; after the manner of Jeduthun. A psalm of Asaph.1I will call with my voice to God;I will call out with my voice to God,and my God will give ear to me.2In the day of my trouble I sought the Lord;at night I stretched my hands out, and they would not become tired.My soul refused to be comforted.

3I thought of God as I groaned;I thought about him as I grew faint.Selah4You held my eyes open;I was too troubled to speak.5I thought about the days of old,about years long past.6During the night I called to mind the song I once sang.I thought carefullyand tried to understand what had happened.

7Will the Lord reject me forever?Will he never again show me favor?8Was his covenant faithfulness gone forever?Had his promise failed forever?9Had God forgotten to be gracious?Had his anger shut off his compassion?Selah

10I said, "This is my sorrow:the changing of the right hand of the Most High toward us."11But I will remember the deeds of Yah; [1](#footnote-target-1) I will remember your miracles of long ago.12I will ponder all your deedsand will reflect on them.

13Your way, God, is holy;what god compares to our great God?14You are the God who does wonders;you have revealed your strength among the peoples.15You gave your people victory by your great power—the descendants of Jacob and Joseph.Selah

16The waters saw you, God;the waters saw you, and they were afraid;the depths trembled.17The clouds poured down water;the cloudy skies gave voice;your arrows flew about.18Your thunderous voice was heard in the wind;the lightning lit up the world;the earth trembled and shook.19Your path went through the seaand your way through the surging waters,but your footprints were not seen.

20You led your people like a flockby the hand of Moses and Aaron.

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.

Chapter 78
A maschil of Asaph.1Hear my teaching, my people,listen to the words of my mouth.2I will open my mouth in parables;I will sing about hidden things about the past.3These are things that we have heard and learned,things that our ancestors have told us.4We will not keep them from their descendants.We will tell the next generation about the praiseworthy deeds of Yahweh,his strength, and the wonders that he has done.5For he established covenant decrees in Jacoband appointed a law in Israel.He commanded our ancestorsthat they were to teach them to their children.6He commanded this so that the generation to come might know his decrees, the children not yet born,who should tell them in turn to their own children.7Then they would place their hope in Godand not forget his deedsbut keep his commandments.8Then they would not be like their ancestors,who were a stubborn and rebellious generation,a generation whose hearts were not right,and whose spirits were not committed and faithful to God.

9The Ephraimites were armed with bows,but they turned back on the day of battle.10They did not keep the covenant with God,and they refused to obey his law.11They forgot his deeds,the wonderful things that he had shown them.12They forgot the marvelous things he did in the sight of their ancestorsin the land of Egypt, in the land of Zoan.13He divided the sea and led them across it;he made the waters to stand like walls.14In the daytime he led them with a cloudand all the night with the light of fire.15He split the rocks in the wilderness,and he gave them water abundantly, enough to fill the depths of the sea.16He made streams flow out of the rockand made the water flow like rivers.

17Yet they continued to sin against him,rebelling against the Most High in the wilderness.18They challenged God in their heartsby asking for food to satisfy their appetites.19They spoke against God;they said, "Can God really lay out a table for us in the wilderness?20See, when he struck the rock, waters gushed outand streams overflowed.But can he give bread also?Will he provide meat for his people?"21When Yahweh heard this, he was angry;so his fire burned against Jacob,and his anger attacked Israel,22because they did not believe in Godand did not trust in his salvation.23Yet he commanded the skies aboveand opened the doors of the sky.24He rained down manna for them to eat,and gave them the grain from heaven.25People ate the bread of angels.He sent them food in abundance.26He caused the east wind to blow in the sky,and by his power he guided the south wind.27He rained down meat on them like dust,birds as numerous as the sands of the sea.28They fell in the middle of their camp,all around their tents.29So they ate and were full.He gave them what they craved.30But they had not yet filled up;their food was still in their mouths.31Then God's anger attacked themand killed the strongest of them.He brought down the young men of Israel.

32Despite this, they continued to sinand did not believe his wonderful deeds.33Therefore God cut short their days;their years were filled with terror.34Whenever God killed them, they would start to seek him,and they would return and look earnestly for him.35They would call to mind that God was their rockand that the Most High God was their rescuer.36But they would flatter him with their mouthand lie to him with their words.37For their hearts were not firmly fixed on him,and they were not faithful to his covenant.38Yet he, being merciful, forgave their iniquity and did not destroy them.Yes, many times he held back his angerand did not stir up all his wrath.39He called to mind that they were made of flesh,a wind that passes away and does not return.

40How often they rebelled against him in the wildernessand grieved him in the barren regions!41Again and again they challenged Godand offended the Holy One of Israel.42They did not think about his power,how he had rescued them from the enemy43when he performed his terrifying signs in Egyptand his wonders in the region of Zoan.44He turned the Egyptians' rivers to bloodso that they could not drink from their streams.45He sent swarms of flies that devoured themand frogs that destroyed them.46He gave their crops to the grasshopperand their labor to the locust.47He destroyed their vines with hailand their sycamore trees with more hail.48He rained hail on their cattleand hurled lightning bolts at their livestock.49The fierceness of his anger lashed out against them.He sent wrath, fury, and troublelike angels who bring disaster.50He leveled a path for his anger;he did not spare them from deathbut gave them over to the plague.51He killed all the firstborn in Egypt,the firstborn of their strength in the tents of Ham.52He led his own people out like sheepand guided them through the wilderness like a flock.53He led them secure and unafraid,but the sea overwhelmed their enemies.54Then he brought them to the border of his holy land,to this mountain that his right hand acquired.55He drove out the nations from before themand assigned them their inheritance.He settled the tribes of Israel in their tents.

56Yet they challenged and rebelled against the Most High Godand did not keep his solemn commands.57They were unfaithfuland acted treacherously like their fathers;they were as undependable as a faulty bow.58For they made him angry with their high placesand provoked him to jealous anger with their idols.59When God heard this, he was angryand completely rejected Israel.60He abandoned the sanctuary of Shiloh,the tent where he had lived among people.61He allowed his strength to be capturedand gave his glory into the enemy's hand.62He handed his people over to the sword,and he was angry with his heritage.63Fire devoured their young men,and their virgins had no wedding songs.64Their priests fell by the sword,and their widows could not weep.

65Then the Lord awakened as one from sleep,like a warrior who shouts because of wine.66He drove his adversaries back;he put them to everlasting shame.67He rejected the tent of Joseph,and he did not choose the tribe of Ephraim.68He chose the tribe of Judahand Mount Zion that he loved.69He built his sanctuary like the heavens,like the earth that he has established forever.70He chose David, his servant,and took him from the sheepfolds.71He took him from following the ewes with their young, and he brought him to be shepherd of Jacob, his people, and of Israel, his heritage.72David shepherded them with the integrity of his heart,and he guided them with the skill of his hands.

Chapter 79
A psalm of Asaph.1God, foreign nations have come into your inheritance;they have defiled your holy temple;they have turned Jerusalem into a heap of ruins.2They have given the dead bodies of your servants as food to the birds of the skies,the bodies of your faithful ones to the beasts of the earth.3They have shed their blood like water around Jerusalem,and there was none to bury them.4We are objects of contempt to our neighbors,mocking and derision to those who are around us.

5How long, Yahweh? Will you stay angry forever?How long will your jealous anger burn like fire?6Pour out your wrath on the nations that do not know youand on the kingdoms that do not call upon your name.7For they have devoured Jacoband laid waste his villages.

8Do not hold the iniquities of our forefathers against us;may your merciful actions come to us,for we are very low.9Help us, God of our salvation, for the sake of the glory of your name;save us and forgive our sins for your name's sake.10Why should the nations say, "Where is their God?"May the blood of your servants that was shedbe avenged on the nations before our eyes.

11May the groans of the prisoners come before you;with the greatness of your power keep the children of death alive.12Pay back into the laps of our neighboring countries seven times as muchas the contempt with which they have taunted you, Lord.13So we your people and sheep of your pasturewill give you thanks forever.We will tell your praises to all generations.

Chapter 80
For the chief musician, set to the Shoshannim Eduth style. A psalm of Asaph.1Give ear, Shepherd of Israel,you who lead Joseph like a flock;you who sit above the cherubim, shine on us!2In the sight of Ephraim and Benjamin and Manasseh, stir up your power;come and save us.

3God, restore us;make your face shine on us, and we will be saved.

4Yahweh God of hosts,how long will you be angry at your people when they pray?5You have fed them with the bread of tearsand given them tears to drink in great quantities.6You make us an object of strife for our neighbors,and our enemies laugh in mockery about us among themselves.

7God of hosts, restore us;make your face shine on us, and we will be saved.

8You brought a vine out of Egypt;you drove out nations and transplanted it.9You cleared the land for it;it took root and filled the land.10The mountains were covered with its shade,the cedars of God by its branches.11It sent out its branches as far as the seaand its shoots to the Euphrates River.

12Why have you broken down its wallsso that all who pass by along the road pluck its fruit?13The boars out of the forest ruin it,and the beasts of the field feed on it.14Turn back, God of hosts;look down from heaven and take notice and take care of this vine.15This is the root that your right hand planted,the son that you have strengthened for yourself.

16It has been burned and cut down;they perish because of your rebuke.17May your hand be on the man of your right hand,on the son of man whom you strengthened for yourself.18Then we will not turn away from you;revive us, and we will call on your name.

19Yahweh God of hosts, restore us;make your face shine on us, and we will be saved.

Chapter 81
For the chief musician; set to the Gittith style. A psalm of Asaph.1Shout joyfullly to God our strength;shout out for joy to the God of Jacob.2Sing a song and play the tambourine,the pleasant harp with the lute.

3Blow the ram's horn on the day of the new moon,on the day of the full moon, when our feast day begins.4For it is a statute for Israel,a decree given by the God of Jacob.5He issued it as a regulation in Josephwhen he went against the land of Egypt,where I heard a voice that I did not recognize:

6"I removed the burden from his shoulder;his hands were freed from holding the basket.7In your distress you called out, and I helped you;I answered you from a dark thundercloud.I tested you at the waters of Meribah.Selah8Listen, my people, for I will warn you,Israel, if you would only listen to me!9There must be no foreign god among you;you must not worship any foreign god.10I am Yahweh your God,who brought you out of the land of Egypt.Open your mouth wide, and I will fill it.

11But my people did not listen to my words;Israel did not obey me.12So I gave them over to their own stubborn wayso that they might follow their own devices.

13Oh, that my people would listen to me;oh, that my people would walk in my paths.14Then I would quickly subdue their enemiesand turn my hand against their oppressors.15May those who hate Yahweh cringe in fear before him!May they be humiliated forever.16I would feed Israel with the finest wheat;I would satisfy you with honey out of the rock."

Chapter 82
A psalm of Asaph.1God stands in the divine assembly;in the midst of the gods he renders judgment.

2How long will you judge unjustlyand show favoritism to the wicked?Selah3Give justice to the poor and fatherless;maintain the rights of the afflicted and destitute.4Rescue the poor and needy;take them out of the hand of the wicked.

5They neither know nor understand;they wander around in the darkness;all the foundations of the earth crumble.

6I said, "You are gods,and all of you are sons of the Most High.7Nevertheless you will die like menand fall like one of the princes."8Arise, God, judge the earth,for you have an inheritance in all the nations.

Chapter 83
A song. A psalm of Asaph.1God, do not be silent!Do not ignore us and remain unmoved, God.2Look, your enemies are making a commotion,and those who hate you have raised their heads.3They make shrewd plans against your peopleand plan together against your protected ones.4They have said, "Come, and let us destroy them as a nation.Then the name of Israel will no longer be remembered."

5They schemed together with one strategy;they made an alliance against you—6the tents of Edom and the Ishmaelites,of Moab and the Hagrites,7Byblos,[1](#footnote-target-1) Ammon, Amalek;and also Philistia and the inhabitants of Tyre.8Assyria also has joined with them;they have become an arm for the descendants of Lot.Selah

9Do to them as you did to Midian,as you did to Sisera and to Jabin at the Kishon River.10They perished at Endorand became like manure for the earth.11Make their nobles like Oreb and Zeeb,and all their princes like Zebah and Zalmunna.12They said, "Let us take for ourselvesthe pastures of God."

13My God, make them like the whirling dust,like chaff before the wind,14like the fire that burns the forest,and like the flame that sets the mountains on fire.15Chase them with your strong wind,and terrify them with your windstorm.16Fill their faces with shameso that they might seek your name, Yahweh.

17May they be put to shame and be terrified forever;may they perish in disgrace.18Then they will know that you alone,whose name is Yahweh,are the Most High over all the earth.

[1](#footnote-caller-1)Some modern English translations read, Gebal .

Chapter 84
For the chief musician; set to the Gittith style. A psalm of the sons of Korah.1How lovely is the place where you live,Yahweh of hosts!2I long for the courts of Yahweh; my desire for it has made me exhausted.My heart and all of my being shout for joy to the living God.3Even the sparrow has found herself a houseand the swallow a nest for herself where she may lay her youngnear your altars, Yahweh of hosts,my King, and my God.4Blessed are they who live in your house;they praise you continually.Selah

5Blessed is the man whose strength is in you,in whose heart are the highways up to Zion.6As they go through the Valley of Tears they make it a place of springs.The early rains cover it with blessings. [1](#footnote-target-1)7They go from strength to strength;every one of them appears before God in Zion.

8Yahweh God of hosts, hear my prayer;give ear, God of Jacob!Selah9God, watch over our shield;show concern for your anointed.

10For one day in your courts is better than a thousand elsewhere.I would rather be a doorkeeper in the house of my God,than to live within the tents of the wicked.11For Yahweh God is our sun and shield;Yahweh will give grace and glory;he does not withhold any good thing from those who walk in integrity.

12Yahweh of hosts,blessed is the man who trusts in you.

[1](#footnote-caller-1)Some scholars translate the Hebrew as cover it with pools of water .

Chapter 85
For the chief musician. A psalm of the sons of Korah.1Yahweh, you have shown favor to your land;you have restored the well-being of Jacob.2You have forgiven the iniquity of your people;you have covered all their sin.Selah3You have withdrawn all your wrath;you have turned back from your hot anger.

4Restore us, God of our salvation,and let go of your displeasure with us.5Will you be angry with us forever?Will you remain angry throughout future generations?6Will you not revive us again?Then your people will rejoice in you.7Show us your covenant faithfulness, Yahweh;grant us your salvation.

8I will listen to what Yahweh God says,for he will make peace with his people, his faithful ones.Yet they must not turn again to foolish ways.9Surely his salvation is near to those who fear him;then glory will remain in our land.

10Steadfast love and faithfulness have met together;righteousness and peace have kissed each other.11Trustworthiness springs up from the ground,and righteousness looks down from the sky.12Yes, Yahweh will give his good blessings,and our land will yield its crops.13Righteousness will go before himand make a way for his footsteps.

Chapter 86
A prayer of David.1Listen, Yahweh, and answer me,for I am poor and needy.2Protect me, for I am faithful;my God, save your servant who trusts in you.3Be merciful to me, Lord,for I cry out to you all day long.4Make your servant glad,for to you, Lord, I lift up my soul.

5You, Lord, are good, and ready to forgive,abounding in steadfast love to all those who cry out to you.6Give ear, Yahweh, to my prayer;hear the sound of my pleas.7In the day of my trouble I call on you,for you will answer me.

8There is no one who compares to you among the gods, Lord.There are no deeds like your deeds.9All the nations that you have made will come and bow before you, Lord.They will honor your name.10For you are great and do wonderful things;you only are God.

11Teach me your ways, Yahweh. Then I will walk in your truth.Unite my heart to reverence your name.12Lord my God, I will praise you with my whole heart;I will glorify your name forever.13For great is your covenant faithfulness toward me;you have rescued my life from the depths of Sheol.

14God, the arrogant have risen up against me.A company of violent men seek my life.They have no regard for you.15But you, Lord, are a merciful and gracious God,slow to anger, and abounding in steadfast love and faithfulness.16Turn toward me and have mercy on me;give your strength to your servant;save the son of your servant woman.17Show me a sign of your favor.Then those who hate me will see it and be put to shamebecause you, Yahweh, have helped me and comforted me.

Chapter 87
A psalm of the sons of Korah; a song.1On the holy mount stands the city he founded;2Yahweh loves the gates of Zionmore than all the tents of Jacob.

3Glorious things are said of you, city of God.Selah4"I mention Rahab and Babylon to my followers.See, there are Philistia, and Tyre, along with Cush—and will say, 'This one was born there.'"5Of Zion it will be said,"Each of these was born in her;and the Most High himself will establish her."6Yahweh writes in the census book of the nations,"This one was born there."Selah

7So also the singers and the dancers say together,"All my fountains are in you."

Chapter 88
A song, a psalm of the sons of Korah; for the chief musician; set to the Mahalath Leannoth style. A maschil of Heman the Ezrahite.1Yahweh, God of my salvation,I cry out day and night before you.2Listen to my prayer;pay attention to my cry.

3For I am filled with troubles,and my life has reached Sheol.4People treat me like those who go down into the pit;I am a man with no strength.5I am free among the dead;I am like the dead who lie in the grave,about whom you care no morebecause they are cut off from your power.

6You place me in the lowest part of the pit,in the dark and deep places.7Your wrath lies heavy on me,and all your waves crash over me.Selah8Because of you, my acquaintances avoid me.You have made me an abomination to them.I am hemmed in and I cannot escape.9My eyes grow weary from trouble;All day long I call out to you, Yahweh;I spread out my hands to you.

10Will you do wonders for the dead?Will those who have died rise and praise you?Selah11Will your covenant faithfulness be proclaimed in the grave,your faithfulness in the place of the dead?12Will your wonderful deeds be known in the darkness,or your righteousness in the place of forgetfulness?

13But I cry to you, Yahweh;in the morning my prayer comes before you.14Yahweh, why do you reject me?Why do you hide your face from me?

15I have always been afflicted and on the verge of death since my youth.I have suffered from your terrors; I am in despair.16Your burning anger has passed over me,and your terrifying deeds have annihilated me.17They surround me like water all the day long;they have all encircled me.18You have removed every friend and acquaintance from me.My only acquaintance is the darkness.

Chapter 89
A maschil of Ethan the Ezrahite.1I will sing of Yahweh's acts of covenant faithfulness forever.I will proclaim your truthfulness to future generations.2For I have said, “Covenant faithfulness has been established forever;your truthfulness you have established in the heavens.”3You said, “I have made a covenant with my chosen one,I have made an oath to David my servant:4‘I will establish your descendants forever,and I will establish your throne through all generations.‘”Selah

5The heavens praise your wonders, Yahweh;your truthfulness is praised in the assembly of the holy ones.6For who in the skies can be compared to Yahweh?Who among the sons of the gods is like Yahweh?7He is a God who is greatly honored in the council of the holy onesand is awesome among all who surround him.8Yahweh God of hosts,who is strong like Yah? [1](#footnote-target-1) Your truthfulness surrounds you.

9You rule the raging sea;when the waves surge, you calm them.10You crushed Rahab as one who is killed.You scattered your enemies with your strong arm.11The heavens belong to you, and the earth also.You established the world and all it contains.12You created the north and the south.Tabor and Hermon rejoice in your name.13You have a mighty armand a strong hand, and your right hand is high.

14Righteousness and justice are the foundation of your throne.Steadfast love and faithfulness come before you.15Blessed are the people who know the joyful sound!Yahweh, they walk in the light of your face.16They rejoice in your name all day long,and in your righteousness they exalt you.17You are their glorious strength,and by your favor our horn is exalted.18For our shield belongs to Yahweh;our king belongs to the Holy One of Israel.

19Long ago you spoke in a vision to your faithful ones; [2](#footnote-target-2)you said, "I have set a crown on a mighty one." [3](#footnote-target-3)I have raised up one chosen from among the people.20I have chosen David my servant;with my holy oil have I anointed him.21My hand will support him;my arm will strengthen him.22No enemy will deceive him;no son of wickedness will oppress him.23I will crush his enemies before him;I will kill those who hate him.24My truth and my covenant faithfulness will be with him;by my name his horn will be exalted.25I will place his hand over the seaand his right hand over the rivers.26He will call out to me, 'You are my Father,my God, and the rock of my salvation.'27I also will place him as my firstborn son,the most exalted of the kings of the earth.28I will extend my covenant faithfulness to him forever;and my covenant with him will be secure.29I will make his descendants endure foreverand his throne as enduring as the skies above.

30If his children abandon my lawand do not walk in my regulations,31if they break my rulesand do not keep my commands,32then will I punish their rebellion with a rodand their iniquity with blows.33But I will not remove my steadfast love from himor be unfaithful to my promise.34I will not break my covenantor change the words of my lips.35Once and for all I have sworn by my holiness—I will not lie to David:36his descendants will continue foreverand his throne as long as the sun before me.37It will be established forever like the moon,the faithful witness in the sky."Selah

38But you have refused and rejected;you have been angry with your anointed king.39You have renounced the covenant of your servant.You have desecrated his crown on the ground.40You have broken down all his walls.You have ruined his strongholds.41All who pass by have robbed him.He has become the scorn of his neighbors.42You have raised the right hand of his enemies;you have made all his enemies rejoice.43You turn back the edge of his swordand have not made him stand when in battle.44You have brought his splendor to an end;you have brought down his throne to the ground.45You have shortened the days of his youth.You have covered him with shame.Selah

46How long, Yahweh? Will you hide yourself forever?How long will your anger burn like fire?47Oh, think about how short my time is,and for what vanity you have created all the children of mankind!48Who can live and not die,or rescue his own life from the hand of Sheol?Selah49Lord, where are your former acts of covenant faithfulnessthat you swore to David in your truthfulness?50Call to mind, Lord, the mocking directed against your servantsand how I bear in my heart so many insults from the nations.51Your enemies hurl insults, Yahweh;they mock the footsteps of your anointed one.

52Blessed be Yahweh forever.Amen and Amen.Book Four(Psalms 90-106)

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.[2](#footnote-caller-2)Many ancient copies of the Hebrew text have the singular faithful one instead of faithful ones . [3](#footnote-caller-3)The ancient copies of the Hebrew text have I will place help upon a warrior . Some scholars translate the word for help as crown and that is how the ULB editors have translated the word here.

Chapter 90
A prayer of Moses the man of God.1Lord, you have been our refugethroughout all generations.2Before the mountains were formed,or you formed the earth and the world,from everlasting to everlasting, you are God.

3You return man to dust,and you say, "Return, you descendants of mankind."4For a thousand years in your sightare as yesterday when it is past,and as a watch in the night.5You sweep them away as with a flood and they sleep;in the morning they are like the grass that sprouts up.6In the morning it blooms and grows up;in the evening it withers and dries up.

7Truly, we are consumed in your anger,and in your wrath we are terrified.8You have set our iniquities before you,our hidden sins in the light of your presence.9Our life passes away under your wrath;our years quickly pass like a sigh.10Our years are seventy,or even eighty if we are healthy;but even our best years are marked by trouble and sorrow.Yes, they pass quickly, and we fly away.11Who knows the power of your anger,and your wrath that is equal to the fear of you?12So teach us to consider our lifeso that we might gain a heart of wisdom.

13Turn back, Yahweh! How long will it be?Have pity on your servants.14Satisfy us in the morning with your covenant faithfulnessso that we may rejoice and be glad all our days.15Make us glad in proportion to the days you afflicted usand to the years we have experienced trouble.16Let your servants see your work,and let our children see your majesty.

17May the favor of the Lord our God be ours;prosper the work of our hands;indeed, prosper the work of our hands.

Chapter 91
1He who lives in the shelter of the Most Highwill stay in the shadow of the Almighty.2I will say of Yahweh, "He is my refuge and my fortress,my God, in whom I trust."

3For he will rescue you from the snare of the hunterand from the destructive plague.4He will cover you with his wings,and under his wings you will find refuge.His faithfulness is a shield and protection.5You will not be afraid of terror in the night,or of the arrow that flies by day,6or of the plague that stalks in the darkness,or of the destruction that lays waste at noon.7A thousand may fall at your sideand ten thousand at your right hand,but it will not reach you.8You will only observeand see the punishment of the wicked.

9For Yahweh is my refuge!Make the Most High your refuge also.10No evil will overtake you;no affliction will come near your tent.11For he will put his angels in charge over you,to guard you in all your ways.12They will lift you up with their handso that you will not hit your foot on a stone.13You will crush lions and asps under your feet;you will trample on young lions and serpents.

14Because he delights in me, I will rescue him.I will protect him because he acknowledges my name.15When he calls to me, I will answer him.I will be with him in trouble;I will give him victory and will honor him.16I will satisfy him with the length of his days,and show him my salvation.

Chapter 92
A psalm, a song for the Sabbath day.1It is a good thing to give thanks to Yahwehand to sing praises to your name, Most High,2to proclaim your covenant faithfulness in the morningand your truthfulness every night,3with a lute of ten stringsand the resounding music of the harp.

4For you, Yahweh, have made me glad through your deeds.I will sing for joy because of the deeds of your hands.5How great are your deeds, Yahweh!Your thoughts are very deep.6A brutish person does not know,nor does a fool understand this:7When the wicked sprout like the grass,and even when all those who behave wickedly thrive,still they are doomed to eternal destruction.

8But you, Yahweh, will reign forever.

9Indeed, look at your enemies, Yahweh!Indeed, look at your enemies. They will perish!All those who behave wickedly will be scattered.10You have lifted up my horn like the horn of the wild ox;I am anointed with fresh oil.11My eyes have seen the downfall of my enemies;my ears have heard of the doom of my evil foes.

12The righteous will flourish like the palm tree;they will grow like a cedar in Lebanon.13They are planted in the house of Yahweh;they flourish in the courts of our God.14They bear fruit even when they are old;they stay fresh and green,15to proclaim that Yahweh is just.He is my rock, and there is no unrighteousness in him.

Chapter 93
1Yahweh reigns; he is robed in majesty;Yahweh has clothed and girded himself with strength.The world is firmly established; it cannot be moved.2Your throne is established from ancient times;you are from everlasting.

3The oceans rise, Yahweh;they have lifted up their voice;the oceans' waves crash and roar.4Above the crashing of many waves,the mighty breakers of the sea,Yahweh on high is mighty.

5Your solemn commands are very trustworthy;holiness adorns your house,Yahweh, for the length of your days.

Chapter 94
1Yahweh, God who avenges,God who avenges, shine over us.2Rise up, judge of the earth,give recompense to the proud.3How long will the wicked, Yahweh,how long will the wicked rejoice?

4They pour out their arrogant words;all those who behave wickedly boast.5They crush your people, Yahweh;they afflict your heritage.6They kill the widow and foreigner who lives in their country,and they murder the fatherless.7They say, "Yah does not see;the God of Jacob does not take notice of it." [1](#footnote-target-1)

8Pay attention, you stupid people!You fools, when will you gain understanding?9He who made the ear, does he not hear?He who formed the eye, does he not see?10He who disciplines the nations, does he not correct?He is the one who gives knowledge to man.11Yahweh knows the thoughts of men,that they are vapor.

12Blessed is the one whom Yah instructs,the one whom you teach from your law. [2](#footnote-target-2) 13You give him rest in times of troubleuntil a pit is dug for the wicked.14For Yahweh will not abandon his peopleor abandon his inheritance.15For judgment will again be righteous;and all the upright in heart will follow it.

16Who will rise up to defend me against the evildoers?Who will stand up for me against those who behave wickedly?17Unless Yahweh had been my help,I would soon be lying down in the place of silence.18When I said, "My foot is slipping,"Your covenant faithfulness, Yahweh, held me up.19When cares within me are many, your consolations delight my soul.

20Can a throne of destruction be allied with you,one that creates trouble by statute?21They conspire together to take the life of the righteousand they declare guilty the blood of the innocent.22But Yahweh has been my high tower,and my God has been the rock of my refuge.23He will bring on them their own iniquityand will cut them off in their own wickedness.Yahweh our God will cut them off.

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.[2](#footnote-caller-2)Yah is a short form of the name Yahweh.

Chapter 95
1Oh come, let us sing to Yahweh;let us shout joyfully to the rock of our salvation.2Let us enter his presence with thanksgiving;let us shout joyfully to him with psalms of praise.

3For Yahweh is a great Godand a great King superior to all gods.4In his hand are the depths of the earth;the heights of the mountains are his.5The sea is his, for he made it,and his hands formed the dry land.

6Oh come, let us worship and bow down;let us kneel before Yahweh, our Creator:7For he is our God,and we are the people of his pasture and the sheep of his hand.Today—oh, that you would hear his voice!

8"Do not harden your heart, as at Meribah,or as on the day of Massah in the wilderness,9where your forefathers tested me;they put me to the test, though they had seen my deeds.10For forty years I was angry with that generationand said, 'This is a people whose hearts wander astray;they have not known my ways.'11Therefore I swore in my angerthat they would never enter into my resting place."

Chapter 96
1Oh, sing to Yahweh a new song;sing to Yahweh, all the earth.2Sing to Yahweh, bless his name;announce his salvation day after day.3Declare his glory among the nations,his marvelous deeds among all the nations.

4For Yahweh is great and is to be praised greatly.He is to be feared above all other gods.5For all the gods of the nations are idols,but it is Yahweh who made the heavens.6Splendor and majesty are in his presence.Strength and beauty are in his sanctuary.

7Ascribe to Yahweh, you clans of peoples,ascribe praise to Yahweh for his glory and strength.8Give to Yahweh the glory that his name deserves.Bring an offering and come into his courts.9Bow down to Yahweh in the splendor of holiness;tremble before him, all the earth.10Say among the nations, "Yahweh reigns."The world also is established; it cannot be shaken.He judges the peoples fairly.

11Let the heavens be glad, and let the earth rejoice;let the sea roar and that which fills it shout with joy.12Let the fields rejoice and all that is in them.Then let all the trees in the forest shout for joy13before Yahweh, for he is coming.He is coming to judge the earth.He will judge the world with righteousnessand the peoples with his faithfulness.

Chapter 97
1Yahweh reigns; let the earth rejoice;let the many coastlands be glad.2Clouds and darkness surround him.Righteousness and justice are the foundation of his throne.3Fire goes before himand consumes his adversaries on every side.4His lightning lights up the world;the earth sees and trembles.5The mountains melt like wax before Yahweh,the Lord of the whole earth.6The skies declare his justice,and all the nations see his glory.

7All those who worship carved figures will be shamed,those who boast in worthless idols—bow down to him, all you gods!

8Zion heard and was glad,and the towns of Judah rejoicedbecause of your righteous decrees, Yahweh.9For you, Yahweh, are most high above all the earth.You are exalted far above all gods.10You who love Yahweh, hate evil!He protects the lives of his faithful ones,and he takes them out of the hand of the wicked.11Light is sown for the righteousand gladness for those with honest hearts.12Be glad in Yahweh, you righteous;and give thanks when you remember his holiness.

Chapter 98
A psalm.1Oh, sing to Yahweh a new song,for he has done marvelous things;his right hand and his holy arm have given him victory.2Yahweh has made known his salvation;he has openly showed his justice to all the nations.3He calls to mind his steadfast love and faithfulness for the house of Israel;all the ends of the earth will see the victory of our God.

4Shout for joy to Yahweh, all the earth;burst into song, sing for joy, and sing praises.5Sing praises to Yahweh with the harp,with the harp and melodious song.6With trumpets and the sound of the horn,shout joyfully before the King, Yahweh.

7Let the sea shout and everything in it,the world and those who live in it!8Let the rivers clap their hands,and let the mountains shout for joy.9Yahweh is coming to judge the earth;he will judge the world with righteousnessand the nations with fairness.

Chapter 99
1Yahweh reigns;let the nations tremble.He sits enthroned above the cherubim; the earth quakes.2Yahweh is great in Zion;he is exalted above all the nations.3Let them praise your great and awesome name;he is holy.

4The king is strong, and he loves justice.You have established fairness;you have done righteousness and justice in Jacob.5Praise Yahweh our Godand worship at his footstool.He is holy.

6Moses and Aaron were among his priests,and Samuel was among those who called on his name.They called to Yahweh, and he answered them.7He spoke to them from the pillar of cloud.They kept his solemn commandsand the statutes that he gave them.

8You answered them, Yahweh our God.A forgiving God you were to them,but also an avenger of their sinful deeds.9Praise Yahweh our God,and worship at his holy hill,for Yahweh our God is holy.

Chapter 100
A psalm of thanksgiving.1Shout joyfully to Yahweh, all the earth.2Serve Yahweh with gladness;come before his presence with joyful singing.3Know that Yahweh is God;he made us, and we are his.We are his people and the sheep of his pasture.

4Enter into his gates with thanksgivingand into his courts with praise.Give thanks to him and bless his name.5For Yahweh is good; his covenant faithfulness endures foreverand his truthfulness through all generations.

Chapter 101
A psalm of David.1I will sing of covenant faithfulness and justice;to you, Yahweh, I will sing praises.2I will pay attention to the way of integrity.Oh, when will you come to me?I will walk with integrity of heart within my house.

3I will not put wrongdoing before my eyes;I hate worthless evil;it will not cling to me.

4A perverse heart will leave me;I am not loyal to evil.

5I will destroy whoever secretly slanders his neighbor.I will not tolerate the haughty of eye and arrogant of heart.

6I will look to the faithful of the land to sit at my side.Those who walk in the way of integrity may serve me.

7Deceitful people will not remain within my house;liars will not be welcome before my eyes.

8Morning by morning I will destroy all the wicked from the land;I will remove all who behave wickedly from the city of Yahweh.

Chapter 102
A prayer of the afflicted when he is faint and pours out his lament before Yahweh.1Hear my prayer, Yahweh;hear my cry to you.2Do not hide your face from me in my time of trouble.Listen to me.When I call out to you, answer me quickly.

3For my days pass away like smoke,and my bones burn like fire.4My heart is crushed, and I am like grass that has withered.I forget to eat any food.5With my continual groaning,I have become very thin.6I am like a pelican of the wilderness;I have become like an owl in the ruins.7I lie awake like a solitary bird,alone on the housetop.8My enemies taunt me all day long;those who mock me use my name in curses.9I eat ashes like breadand mix my drink with tears.10Because of your raging anger,you have lifted me up to throw me down.11My days are like a shadow that fades,and I have withered like grass.

12But you, Yahweh, live forever,and your fame is for all generations.13You will rise up and have mercy on Zion.Now is the time to have mercy upon her;the appointed time has come.14For your servants hold her stones dearand feel compassion for the dust of her ruins.15The nations will respect your name, Yahweh,and all the kings of the earth will honor your glory.16Yahweh will rebuild Zionand will appear in his glory.17At that time, he will respond to the prayer of the destitute;he will not reject their prayer.

18This will be written for future generations,and a people not yet created will praise Yah. [1](#footnote-target-1) 19For he has looked down from the holy heights;from heaven Yahweh has viewed the earth,20to hear the groaning of the prisoners,to release those who were condemned to death.21Then men will proclaim the name of Yahweh in Zionand his praise in Jerusalem22when the peoples and kingdoms gather togetherto serve Yahweh.

23He has taken away my strength in the middle of life.He has shortened my days.24I said, "My God, do not take me away in the middle of life;you are here throughout all generations.25In ancient times you established the earth;the heavens are the work of your hands.26They will perish, but you will remain;they will all grow old like a garment;like clothing, you will remove them, and they will disappear.27But you are the same,and your years will have no end.28The children of your servants will live on,and their descendants will live in your presence."

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.

Chapter 103
A psalm of David.1I give praise to Yahweh with all my life,and with all that is within me, I give praise to his holy name.2I give praise to Yahweh with all my life,and I remember all of his good deeds.3He forgives all your iniquities;he heals all your diseases.4He redeems your life from the pit;he crowns you with covenant faithfulness and acts of tender mercy.5He satisfies your life with good thingsso that your youth is renewed like the eagle.

6Yahweh does what is fairand does acts of justice for all who are oppressed.

7He made known his ways to Moses,his deeds to the descendants of Israel.8Yahweh is merciful and gracious;slow to anger and abounding in steadfast love.9He will not discipline forever;he will not be angry to eternity.10He does not deal with us as our sins deserveor repay us for what our iniquities demand.11For as the skies are high above the earth,so great is his covenant faithfulness toward those who honor him.12As far as the east is from the west,this is how far he has removed the guilt of our sins from us.

13As a father has compassion on his children,so Yahweh has compassion on those who honor him.14For he knows how we are formed;he knows that we are dust.15As for man, his days are like grass;he flourishes like a flower in a field.16The wind blows over it, and it disappears,and no one can even tell where it once grew.17But the covenant faithfulness of Yahweh is from everlasting to everlasting on those who honor him.His righteousness extends to their descendants.18They keep his covenantand remember to obey his instructions.

19Yahweh has established his throne in the heavens,and his kingdom rules over everyone.

20Give praise to Yahweh, you his angels,you mighty ones who are strong and do his word,and obey the sound of his word.21Give praise to Yahweh, all his hosts,his servants who do his will.22Give praise to Yahweh, all his creatures,in all the places where he reigns.

I will give praise to Yahweh with all my life.

Chapter 104
1I give praise to Yahweh with all my life,Yahweh my God, you are very magnificent;you are clothed with splendor and majesty.2You cover yourself with light as with a garment;you spread out the heavens like a tent curtain.3You lay the beams of your chambers on the clouds;you make the clouds your chariot;you walk on the wings of the wind.4He makes the winds his messengers,flames of fire his servants.

5He laid the foundations of the earth,so that it will not totter forever and ever.6You covered the earth with water like a garment;the water covered the mountains.7At your rebuke the waters retreated;at the sound of your thunder they hurried away.8The mountains rose and the valleys went downto the places that you had appointed for them.9You have set a boundary for them that they will not cross;they will not cover the earth again.

10He made springs flow into the valleys;the streams flow between the mountains.11They supply water for all the animals of the field;the wild donkeys quench their thirst.12By the riverbanks the birds build their nests;they sing among the branches.13He waters the mountains from his water chambers in the sky.The earth is filled with the fruit of his labor.

14He makes the grass grow for the cattleand plants for man to cultivate,so that man may produce food from the earth.15He makes wine to make man happy,oil to make his face shine,and food to sustain his life.

16The trees of Yahweh get plenty of rain;the cedars of Lebanon which he planted.17There the birds make their nests.The stork makes the cypress tree her home.18The wild goats live on the high mountains;the mountain heights are a refuge for the hyraxes.

19He appointed the moon to mark the seasons;the sun knows its time for setting.20You make the darkness of the nightwhen all the beasts of the forest come out.21The young lions roar for their preyand seek their food from God.22When the sun rises, they retreatand sleep in their dens.23Meanwhile, people go out to their workand labor away until the evening.

24Yahweh, how many and varied are your works!With wisdom you made them all;the earth overflows with your works.25Over there is the sea, deep and wide,teeming with innumerable creatures,both small and great.26The ships travel there,and Leviathan is also there, which you formed to play in the sea.

27All these look to you in hope that you will give them their food on time.28When you give to them, they gather;when you open your hand, they are satisfied.29When you hide your face, they are troubled;if you take away their breath, they dieand return to dust.30When you send out your Spirit, they are created,and you renew the surface of the ground.

31May the glory of Yahweh last forever;may Yahweh enjoy his creation.32He looks down on the earth, and it shakes;he touches the mountains, and they smoke.33I will sing to Yahweh all my life;I will sing praise to my God as long as I live.34May my thoughts be sweet to him;I will rejoice in Yahweh.35May sinners vanish from the earth,and let the wicked be no more.I give praise to Yahweh with all my life.Give praise to Yah. [1](#footnote-target-1)

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.

Chapter 105
1Give thanks to Yahweh, call on his name;make known his deeds among the nations.2Sing to him, sing praises to him;speak of all his marvelous deeds.3Boast in his holy name;let the heart of those who seek Yahweh rejoice.4Seek Yahweh and his strength;seek his presence continually.5Recall the marvelous things he has done,his miracles and the decrees from his mouth,6you descendants of Abraham his servant,you people of Jacob, his chosen ones.

7He is Yahweh, our God.His decrees are on all the earth.8He keeps in mind his covenant forever,the word that he commanded for a thousand generations.9He calls to mind the covenant that he made with Abrahamand his oath to Isaac.10This is what he confirmed to Jacob as a statuteand to Israel as an everlasting covenant.11He said, "I will give you the land of Canaanas your share of your inheritance."

12He said this when they were only few in number,so very few, and were strangers in the land.13They went from nation to nationand from one kingdom to another.14He did not allow anyone to oppress them;he rebuked kings for their sakes.15He said, "Do not touch my anointed ones,and do not harm my prophets."

16He called for a famine on the land;he cut off the whole staff of bread.17He sent a man ahead of them;Joseph was sold as a servant.18His feet were bound by shackles;on his neck was put an iron collar,19until what he had said came to pass.The word of Yahweh tested him.20The king sent servants to release him;the ruler of the people set him free.21He put him in charge of his houseas ruler of all his possessions22to instruct his princes as he wishedand to teach his elders wisdom.

23Then Israel came into Egypt,and Jacob lived for a time in the land of Ham.24Yahweh made his people fruitful,and made them stronger than their enemies.25He caused their enemies to hate his people,to mistreat his servants.

26He sent Moses, his servant,and Aaron, whom he had chosen.27They performed his signs among the Egyptians,his wonders in the land of Ham.28He sent darkness and made that land dark,and they did not rebel against his commands.29He turned their water into bloodand killed their fish.30Their land swarmed with frogs,even in the rooms of their rulers.31He spoke, and swarms of flies and gnats camethroughout their country.32He turned their rain into hail,with fire flaming on their land.33He destroyed their vines and fig trees;he broke the trees of their country.34He spoke, and the locusts came,so many locusts.35The locusts ate up all of the vegetation in their land;They ate up all the crops of the ground.36He killed every firstborn in their land,the firstfruits of all their strength.

37He brought the Israelites out with silver and gold;none of his tribes stumbled on the way.38Egypt was glad when they went away,for the Egyptians were afraid of them.

39He spread a cloud for a coveringand made a fire to light up the night.40The Israelites asked for food, and he brought quailand satisfied them with bread from heaven.41He split the rock, and waters gushed from it;they flowed in the wilderness like a river.42For he called to mind his holy promisethat he made to Abraham his servant.

43He led his people out with joy,his chosen with shouts of triumph.44He gave them the lands of the nations;they took possession of the fruit of the peoples' labors45so that they might keep his statutesand obey his laws.Give praise to Yah. [1](#footnote-target-1)

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.

Chapter 106
1Give praise to Yah. [1](#footnote-target-1) Give thanks to Yahweh, for he is good,for his covenant faithfulness endures forever.2Who can recount the mighty acts of Yahwehor proclaim in full all his praiseworthy deeds?3Blessed are those who do what is right,and whose deeds are always just.

4Call me to mind, Yahweh, when you show favor to your people;help me when you save them.5Then I will see the prosperity of your chosen,rejoice in the gladness of your nation,and glory with your inheritance.

6We have sinned like our ancestors;we have done wrong, and we have done evil.7Our fathers did not pay attention to your marvelous deeds in Egypt;they ignored your many acts of covenant faithfulness;they were rebellious at the sea, the Sea of Reeds.8Nevertheless, he saved them for his name's sakeso that he might reveal his power.9He rebuked the Sea of Reeds, and it dried up.Then he led them through the depths, as through a wilderness.10He saved them from the hand of those who hated them,and he rescued them from the hand of the enemy.11But the waters covered their adversaries;not one of them survived.12Then they believed his words,and they sang his praise.

13But they quickly forgot his deeds;they did not wait for his instructions.14They had insatiable cravings in the wilderness,and they challenged God in the desert.15So he gave them what they requested,but he sent a horrible disease upon them.

16In the camp they became jealous of Mosesand Aaron, the holy priest of Yahweh.17The earth opened and swallowed up Dathanand covered the company of Abiram.18Fire broke out in their company;the fire consumed the wicked.

19They made a calf at Horeband worshiped a cast metal figure.20They traded the glory of Godfor the image of a bull that eats grass.21They forgot God their Savior,who had done great deeds in Egypt.22He had done wonderful things in the land of Hamand awesome deeds at the Sea of Reeds.23So he said he would destroy them—had not Moses, his chosen one, stood in the breach before him,to turn away his anger from destroying them.

24Then they despised the delightful land;they did not believe his promise,25but grumbled in their tents,and did not obey Yahweh.26Therefore he raised his hand and swore to themthat he would let them die in the desert,27scatter their descendants among the nations,and scatter them in foreign lands.

28They worshiped the Baal of Peorand ate the sacrifices offered to the dead.29They provoked him to anger with their actions,and a plague broke out among them.30Then Phinehas stood up and mediated,and the plague subsided.31It was counted to him as a righteous deedto all generations forever.

32They also angered Yahweh at the waters of Meribah,and Moses suffered because of them.33They made his spirit bitter,and he spoke thoughtlessly with his lips.

34They did not destroy the nationsas Yahweh had commanded them,35but they mingled with the nations,learned their practices,36and worshiped their idols,which became a snare to them.37They sacrificed their sons and their daughters to demons.38They shed innocent blood,the blood of their sons and of their daughters,whom they sacrificed to the idols of Canaan,desecrating the land with blood.39They were defiled by their deeds;in their actions they were like prostitutes.

40So Yahweh was angry with his people,and he abhorred his inheritance.41He gave them into the hand of the nations,and those who hated them ruled over them.42Their enemies oppressed them,and they were brought into subjection to their authority.43Many times he came to help them,but they were rebellious in their purposesand were brought low by their own iniquity.

44Nevertheless, he paid attention to their distresswhen he heard their cry for help.45He called to mind his covenant with themand relented because of his steadfast love.46He caused all their captorsto have pity on them.

47Save us, Yahweh, our God.Gather us from among the nationsso that we may give thanks to your holy nameand glory in your praises.

48May Yahweh, the God of Israel, be praisedfrom everlasting to everlasting.All the people said, "Amen."Give praise to Yah. [2](#footnote-target-2) Book Five(Psalms 107-150)

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.[2](#footnote-caller-2)Yah is a short form of the name Yahweh.

Chapter 107
1Give thanks to Yahweh, for he is good,and his covenant faithfulness endures forever.2Let the redeemed of Yahweh speak out,those he has rescued from the hand of the enemy.3He has gathered them out of foreign lands,from the east and from the west,from the north and from the south.

4They wandered in the wilderness on a desert roadand found no city in which to live.5Because they were hungry and thirsty,they fainted from exhaustion.6Then they called out to Yahweh in their trouble,and he rescued them out of their distress.7He led them by a direct pathso that they would go to a city to live in.8Oh that people would praise Yahweh for his covenant faithfulnessand for the amazing things he has done for humanity!9For he satisfies the longings of those who are thirsty,and the desires of those who are hungry he fills up with good things.

10Some sat in darkness and in the shadow of death,prisoners in affliction and chains.11This was because they had rebelled against God's wordand rejected the instruction of the Most High.12He humbled their hearts through hardship;they stumbled and there was no one to help them up.13Then they called out to Yahweh in their trouble,and he saved them out of their distress.14He brought them out of darkness and gloomand broke their bonds.15Oh that people would praise Yahweh for his covenant faithfulnessand for the amazing things he has done for humanity!16For he has broken the gates of bronzeand cut through the bars of iron.

17They were foolish in their rebellious waysand afflicted because of their iniquities.18Their soul abhorred all food,and they came close to the gates of death.19Then they called out to Yahweh in their trouble,and he saved them out of their distress.20He sent his word and healed them,and he rescued them from the pits in which they were trapped.21Oh that people would praise Yahweh for his covenant faithfulnessand for the amazing things he has done for humanity!22Let them offer the sacrifices of thanksgivingand proclaim his deeds with shouts of joy.

23Some travel on the sea in shipsand do business overseas.24These saw the deeds of Yahwehand his wonders on the seas.25For he commanded and aroused the windstormthat stirs up the seas.26They reached up to the sky; they went down to the depths.Their lives melted away in distress.27They swayed and staggered like drunkardsand were at their wits' end.28Then they called out to Yahweh in their trouble,and he brought them out of their distress.29He calmed the storm,and the waves were stilled.30Then they rejoiced because the sea was calm,and he brought them to their desired harbor.31Oh that people would praise Yahweh for his covenant faithfulnessand for the amazing things he has done for humanity!32Let them exalt him in the assembly of the peopleand praise him in the council of the elders.

33He turns rivers into a wilderness,springs of water into dry land,34and a fruitful land into a barren placebecause of the wickedness of its people.35He turns the wilderness into a pool of waterand dry land into springs of water.36He settles the hungry there,and they build a city to live in.37They sowed fields and planted vineyardsthat yielded a fruitful harvest.38He blesses them so they are very numerous.He does not let their livestock decrease in number.

39They were diminished and brought lowby oppression, distress, and suffering.40He pours contempt on the leadersand causes them to wander in the wilderness, where there are no roads.41But he protects the needy from afflictionand cares for his families like a flock.42The upright will see this and rejoice,and all wickedness shuts its mouth.

43Whoever is wise should take note of these thingsand meditate on Yahweh's acts of covenant faithfulness.

Chapter 108
A song, a psalm of David.1My heart is fixed, God!I will sing, yes, I will sing praises with all my glory.2Wake up, lute and harp;I will wake up the dawn.3I will give thanks to you, Yahweh, among the peoples;I will sing praises to you among the nations.4For your covenant faithfulness is great above the heavens;and your trustworthiness reaches to the skies.

5Be exalted, God, above the heavens,and may your glory be exalted over all the earth.6So that those you love may be rescued,rescue us with your right hand and answer me.

7God has spoken in his holiness; "I will rejoice;I will divide Shechem and apportion out the Valley of Sukkoth.8Gilead is mine, and Manasseh is mine;Ephraim also is my helmet;Judah is my scepter.9Moab is my washbasin;over Edom I will throw my sandal;I will shout in triumph because of Philistia.

10Who will bring me into the fortified city?Who will lead me to Edom?"11God, have you not rejected us?You do not go into battle with our army.12Give us help against the enemy,for man's help is futile.13We will triumph with God's help;he will trample down our enemies.

Chapter 109
For the chief musician. A psalm of David.1God whom I praise, do not be silent.2For the wicked and deceitful attack me;they speak lies against me.3They surround me and say hateful things,and they attack me without cause.4In return for my love they accuse me,but I pray for them.5They repay me evil for good,and hatred for my love.

6Appoint a wicked man over such an enemy as these people;appoint an accuser to stand at his right hand.7When he is judged, may he be found guilty;may his prayer be considered sinful.8May his days be few;may another take his office.9May his children be fatherless,and may his wife be a widow.10May his children wander about and beg,seeking food far from their ruined home.11May the creditor seize all he owns;may strangers plunder the product of his labor.12May no one extend any kindness to him;may no one have pity on his fatherless children.13May his descendants be cut off;may their name be blotted out in the next generation.14May his ancestors' iniquity be remembered before Yahweh;and may the sin of his mother not be forgotten.15May their sins always be before Yahweh;may he cut off their memory from the earth.

16May Yahweh do this, for that man never bothered to show any covenant faithfulness,but harassed the oppressed, the needy,and the brokenhearted to death.17He loved cursing; may it come back upon him.He hated blessing; may it be far from him.18He clothed himself with cursing as his garment,and his curse came into his body like water,like oil into his bones.19May his curses be to him like the clothes he wears to cover himself,like the belt he always wears.20May this be the reward of my accusers from Yahweh,of those who say evil things about me.

21Yahweh my Lord, deal kindly with me for your name's sake.Because your covenant faithfulness is good, save me.22For I am oppressed and needy,and my heart is wounded within me.23I am fading away like the shadow of the evening;I am shaken off like a locust.24My knees are weak from fasting;my body has become thin and has no fat.25I have become an object of scorn to my accusers;when they see me, they shake their heads.

26Help me, Yahweh my God;save me by your covenant faithfulness.27Let them know that this is your hand,that you, Yahweh, have done this.28They curse, but you bless;when they attack, may they be put to shame,but may your servant rejoice.29May my adversaries be clothed with shame;may they wear their shame like a robe.

30With my mouth I give great thanks to Yahweh;I will praise him in the midst of a crowd.31For he will stand at the right hand of the one who is needy,to save him from those who condemn him.

Chapter 110
A psalm of David.1The declaration of Yahweh to my lord: "Sit at my right handuntil I make your enemies your footstool."

2Yahweh will hold out the scepter of your strength from Zion;rule among your enemies.3Your people will follow you in holy garmentsof their own free will on the day of your power;from the womb of the dawn your youth will be to you like the dew.4Yahweh has sworn and will not change his mind:"You are a priest forever,after the manner of Melchizedek."

5The Lord is at your right hand.He will kill kings on the day of his anger.6He will judge the nations;he will fill the battlegrounds with dead bodies;he will kill the leaders in many countries.7He will drink of the brook along the road,and then he will lift his head up high after victory.

Chapter 111
1Give praise to Yah. [1](#footnote-target-1) I will give thanks to Yahweh with my whole heartin the assembly of the upright, in their gathering.2The works of Yahweh are great,eagerly awaited by all those who desire them.3His work is majestic and glorious,and his righteousness endures forever.4He does wonderful things that will be remembered;Yahweh is gracious and merciful.5He gives food to his faithful followers.He will always call to mind his covenant.6He showed his powerful works to his peoplein giving them the inheritance of the nations.7The works of his hands are trustworthy and just;all his instructions are reliable.8They are established forever,to be observed faithfully and properly.9He sent redemption to his people;he ordained his covenant forever;holy and awesome is his name.10To honor Yahweh is the beginning of wisdom;those who carry out his instructions have good understanding.His praise endures forever.

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.

Chapter 112
1Give praise to Yah. [1](#footnote-target-1) Blessed is the man who fears Yahweh,who greatly delights in his commandments.2His descendants will be powerful on earth;the descendants of the godly man will be blessed.3Wealth and riches are in his house;his righteousness will endure forever.4Light shines in the darkness for the godly person;he is gracious, merciful, and just.5It goes well for the man who deals graciously and lends money,who conducts his affairs with honesty.6For he will never be moved;the righteous person will be remembered forever.7He does not fear bad news;he is confident, trusting in Yahweh.8His heart is tranquil, without fear,until he looks in triumph over his adversaries.9He gives freely to the poor;his righteousness endures forever;his horn will be exalted with honor.10The wicked person will see this and be angry;he will grind his teeth in rage and he will melt away;the desire of the wicked people will perish.

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.

Chapter 113
1Give praise to Yah. [1](#footnote-target-1) Praise him, you servants of Yahweh;praise the name of Yahweh.

2Blessed be the name of Yahweh,both now and forevermore.3From the rising of the sun to its setting,Yahweh's name should be praised.

4Yahweh is exalted above all nations,and his glory reaches above the skies.5Who is like Yahweh our God,who has his seat on high,6who humbles himself to look downat the sky and at the earth?7He raises up the poor out of the dirtand lifts up the needy from the ash heap,8so that he may seat him with princes,with the princes of his people.9He gives a home to the barren woman of the house; he makes her a joyful mother of children. Give praise to Yah! [2](#footnote-target-2)

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.[2](#footnote-caller-2)Yah is a short form of the name Yahweh.

Chapter 114
1When Israel left Egypt,the house of Jacob from a people who spoke a foreign language,2Judah became his holy place,Israel his kingdom.

3The sea looked and fled;the Jordan turned back.4The mountains skipped like rams,the hills skipped like lambs.

5Why did you flee, sea?Jordan, why did you turn back?6Mountains, why did you skip like rams?You little hills, why did you skip like lambs?

7Tremble, earth, before the Lord,at the presence of the God of Jacob.8He turned the rock into a pool of water,the hard rock into a spring of water.

Chapter 115
1Not to us, Yahweh, not to us,but to your name bring honor,for your covenant faithfulness and for your trustworthiness.

2Why should the nations say,"Where is their God?"3Our God is in heaven;he does whatever he pleases.

4The nations' idols are silver and gold,the work of men's hands.5Those idols have mouths, but they do not speak;they have eyes, but they do not see;6they have ears, but they do not hear;they have noses, but they do not smell.7Those idols have hands, but do not feel;they have feet, but they cannot walk;nor do they speak from their mouths.8Those who make them are like them,as is everyone who trusts in them.

9Israel, trust in Yahweh;he is your help and shield.10House of Aaron, trust in Yahweh;he is your help and shield.11You who honor Yahweh, trust in him;he is your help and shield.

12Yahweh takes notice of us and will bless us;he will bless the family of Israel;he will bless the family of Aaron.13He will bless those who honor him,both young and old.

14May Yahweh increase your numbers more and more,yours and your descendants'.15May you be blessed by Yahweh,who made heaven and earth.

16The heavens belong to Yahweh;but the earth he has given to mankind.17The dead do not give praise to Yah, [1](#footnote-target-1)nor do any who go down into silence;18But we will give praise to Yah, now and forevermore. Give praise to Yah! [2](#footnote-target-2)

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.[2](#footnote-caller-2)Yah is a short form of the name Yahweh.

Chapter 116
1I love Yahweh because he hearsmy voice and my pleas for mercy.2Because he listened to me,I will call on him as long as I live.3The cords of death surrounded me,and the snares of Sheol confronted me;I felt anguish and sorrow.4Then I called on the name of Yahweh:"I beg you, Yahweh, rescue my life."

5Yahweh is gracious and just;our God is compassionate.6Yahweh protects the naive;I was brought low, and he saved me.7My soul can return to its resting place,for Yahweh has been good to me.

8For you rescued my life from death,my eyes from tears,and my feet from stumbling.9I will serve Yahwehin the land of the living.

10I believed in him, even when I said,"I am greatly afflicted."11In my alarm I said,"All men are liars."

12How can I repay Yahwehfor all his kindnesses to me?13I will raise the cup of salvation,and call on the name of Yahweh.14I will fulfill my vows to Yahwehin the presence of all his people.

15Precious in the sight of Yahwehis the death of his faithful ones.16Yahweh, indeed, I am your servant;I am your servant, the son of your servant woman;you have taken away my bonds.17I will offer to you the sacrifice of thanksgivingand will call on the name of Yahweh.18I will fulfill my vows to Yahwehin the presence of all his people,19in the courts of the house of Yahweh,in your midst, Jerusalem.Give praise to Yah! [1](#footnote-target-1)

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.

Chapter 117
1Praise Yahweh, all you nations;exalt him, all you peoples.2For his covenant faithfulness is great toward us,and the trustworthiness of Yahweh endures forever.Give praise to Yah! [1](#footnote-target-1)

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.

Chapter 118
1Give thanks to Yahweh, for he is good,his covenant faithfulness endures forever.

2Let Israel say,"His covenant faithfulness endures forever."3Let the house of Aaron say,"His covenant faithfulness endures forever."4Let the loyal followers of Yahweh say,"His covenant faithfulness endures forever."

5In my distress I called out to Yah;Yah answered me and set me in a spacious place. [1](#footnote-target-1) 6Yahweh is with me; I will not be afraid;what can man do to me?7Yahweh is on my side as my helper;I will look in triumph on those who hate me.

8It is better to take shelter in Yahwehthan to put confidence in man.9It is better to take refuge in Yahwehthan to put one's trust in princes.

10All the nations surrounded me;in Yahweh's name I cut them off.11They surrounded me; yes, they surrounded me;in Yahweh's name I cut them off.12They surrounded me like bees;they disappeared as quickly as fire among thorns;in Yahweh's name I cut them off.13"You attacked me to knock me down,but Yahweh helped me.

14Yah is my strength and joy,and he is the one who rescues me." [2](#footnote-target-2) 15The joyful shout of victory is heard in the tents of the righteous;the right hand of Yahweh conquers.16The right hand of Yahweh is exalted;the right hand of Yahweh conquers.

17I will not die, but liveand declare what Yah has done. [3](#footnote-target-3) 18Yah has punished me harshly, but he has not handed me over to death. [4](#footnote-target-4)

19Open to me the gates of righteousness;I will enter them and I will give thanks to Yah. [5](#footnote-target-5) 20This is the gate of Yahweh;the righteous enter through it.21I will give thanks to you, for you answered me,and you have become my salvation.22The stone that the builders rejectedhas become the cornerstone.23This is Yahweh's doing;it is marvelous in our eyes.24This is the day on which Yahweh has acted;we will rejoice and be glad in it.

25We beg you, Yahweh, please give us victory!We beg you, Yahweh, please give us success!

26Blessed is he who comes in the name of Yahweh;we bless you from the house of Yahweh.27Yahweh is God, and he has given us light;bind the sacrifice with cords to the horns of the altar.

28You are my God, and I will give thanks to you;you are my God; I will exalt you.29Oh, give thanks to Yahweh, for he is good,for his covenant faithfulness endures forever.

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.[2](#footnote-caller-2)Yah is a short form of the name Yahweh.[3](#footnote-caller-3)Yah is a short form of the name Yahweh.[4](#footnote-caller-4)Yah is a short form of the name Yahweh.[5](#footnote-caller-5)Yah is a short form of the name Yahweh.

Chapter 119
ALEPH1Blessed are those whose ways are blameless,who walk in the law of Yahweh.2Blessed are they who keep his solemn commands,who seek him with all their heart.3They do no wrong;they walk in his ways.4You have commanded us to keep your instructionsso that we should carefully observe them.5Oh, that I would be firmly establishedin the observance of your statutes!6Then I would not be put to shamewhen I think of all your commandments.7I will give thanks to you with an upright heartwhen I learn your righteous decrees.8I will observe your statutes;do not leave me alone.

BETH9How can a young person keep his path pure?By obeying your word.10With my whole heart I seek you;Do not let me stray from your commandments.11I have stored up your word in my heartso that I might not sin against you.12Blessed you are, Yahweh;teach me your statutes.13With my mouth I have declaredall the righteous decrees that you have revealed.14I rejoice in the way of your covenant decreesmore than in all riches.15I will meditate on your instructionsand pay attention to your ways.16I delight in your statutes;I will not forget your word.

GIMEL17Be kind to your servant so that I may liveand keep your word.18Open my eyes so that I may seemarvelous things in your law.19I am a foreigner in the land;do not hide your commandments from me.20My desires are crushed by the longing to knowyour righteous decrees at all times.21You rebuke the proud, who are cursed,who wander from your commandments.22Spare me from disgrace and contempt,for I have obeyed your solemn commands.23Though rulers plot and slander me,your servant meditates on your statutes.24Your solemn commands are my delight,and they are my counselors.

DALETH25My life clings to the dust!Give me life by your word.26I told you my ways, and you answered me;teach me your statutes.27Make me understand the ways of your instructions,so that I can meditate on your wondrous teachings.28I am overwhelmed with grief!Strengthen me by your word.29Turn from me the path of deceit;graciously teach me your law.30I have chosen the way of faithfulness;I have always kept your righteous decrees before me.31I cling to your covenant decrees;Yahweh, do not let me be shamed.32I will run in the path of your commandments,for you enlarge my heart to do so.

HE33Teach me, Yahweh, the way of your statutes,and I will keep them to the end.34Give me understanding, and I will keep your law;I will observe it with all my heart.35Guide me in the path of your commandments,for I delight to walk in it.36Direct my heart toward your covenant decreesand away from unrighteous gain.37Turn my eyes from looking at worthless things;revive me in your ways.38Carry out for your servant the wordthat you gave to those who revere you.39Take away the disgrace I dread,for your judgments are good.40See, I have longed for your instructions;revive me in your righteousness.

VAV41Yahweh, give me your unfailing love—your salvation, according to your word;42then I will have a reply for the one who mocks me,for I trust in your word.43Do not take the word of truth from my mouth,for my hope is in your righteous decrees.44I will observe your law continually,forever and ever.45I will walk securely,for I seek your instructions.46I will speak of your solemn commands before kingsand will not be ashamed.47I delight in your commandments,which I love dearly.48I will lift up my hands to your commandments, which I love;I will meditate on your statutes.

ZAYIN49Call to mind your word to your servantbecause you have given me hope.50This is my comfort in my affliction:that your word has kept me alive.51The proud have scoffed at me,yet I have not turned away from your law.52I have thought about your righteous decrees from ancient times, Yahweh,and I comfort myself.53Hot anger has taken hold of mebecause of the wicked who reject your law.54Your statutes have been my songsin the house of my sojourn.55I think about your name during the night, Yahweh,and I keep your law.56This has been my practicebecause I have observed your instructions.

HETH57Yahweh is my portion;I have determined to observe your words.58I earnestly request your favor with my whole heart;be merciful to me according to your word.59I examined my waysand turned my feet to your solemn commands.60I hurry and do not delayto keep your commandments.61The cords of the wicked have ensnared me;I have not forgotten your law.62At midnight I rise to give thanks to youbecause of your righteous decrees.63I am a companion of all who honor you,to all who observe your instructions.64The earth, Yahweh, is full of your covenant faithfulness;teach me your statutes.

TETH65You have done good to your servant,Yahweh, by means of your word.66Teach me proper discernment and understanding,for I have believed in your commandments.67Before I was afflicted I went astray,but now I observe your word.68You are good, and you are one who does good;teach me your statutes.69The arrogant have smeared me with lies,but I keep your instructions with my whole heart.70Their hearts are hardened,but I delight in your law.71It is good for me that I have sufferedso that I would learn your statutes.72Instruction from your mouth is more precious to methan thousands of pieces of gold and silver.

YOD73Your hands have made and fashioned me;give me understanding so that I may learn your commandments.74Those who honor you will be glad when they see mebecause I find hope in your word.75I know, Yahweh, that your decrees are just,and that in faithfulness you afflicted me.76Let your covenant faithfulness comfort me,according to your word to your servant.77Show me compassion so that I may live,for your law is my delight.78Let the proud be put to shame,for they have slandered me;but I will meditate on your instructions.79May those who honor you turn to me,those who know your solemn commands.80May my heart be blameless with respect to your statutesso that I may not be put to shame.

KAPH81I faint with longing that you might rescue me!I hope in your word.82My eyes long for your word;when will you comfort me?83For I have become like a wineskin in the smoke;I do not forget your statutes.84How long must your servant endure this;when will you judge those who persecute me?85The proud have dug pits for me,defying your law.86All your commandments are reliable;those people persecute me wrongfully; help me.87They have almost made an end to me on earth,but I do not reject your instructions.88By your steadfast love, keep me alive,so that I may obey the solemn commands that come from your mouth.

LAMEDH89Yahweh, your word stands forever;your word is established firmly in heaven.90Your faithfulness lasts for all generations;you have established the earth, and it remains.91All things continue to this day, just as you said in your righteous decrees,for all things are your servants.92If your law had not been my delight,I would have perished in my affliction.93I will never forget your instructions,for through them you have kept me alive.94I am yours; save me,for I seek your instructions.95The wicked prepare to destroy me,but I will seek to understand your solemn commands.96All perfection I have seen has an end;but your command is exceedingly broad.

MEM97Oh how I love your law!It is my meditation all day long.98Your commandments make me wiser than my enemies,for your commandments are always with me.99I have more understanding than all my teachers,for I meditate on your covenant decrees.100I understand more than those older than I am;this is because I have kept your instructions.101I have kept my feet back from every evil pathso that I might observe your word.102I have not turned aside from your righteous decrees,for you have instructed me.103How sweet are your words to my taste,yes, sweeter than honey to my mouth!104Through your instructions I gain discernment;therefore I hate every false way.

NUN105Your word is a lamp to my feetand a light for my path.106I have sworn and have confirmed it,that I will observe your righteous decrees.107I am very afflicted;keep me alive, Yahweh, as you have promised in your word.108Yahweh, please accept the freewill offerings of my mouth,and teach me your righteous decrees.109My life is always in my hand,yet I do not forget your law.110The wicked have set a snare for me,but I have not strayed from your instructions.111I claim your covenant decrees as my heritage forever,for they are the joy of my heart.112My heart is set on obeying your statutesforever to the very end.

SAMEKH113I hate those who have a double mind,but I love your law.114You are my hiding place and my shield;I hope in your word.115Get away from me, you evildoers,so that I may observe the commandments of my God.116Sustain me by your word so that I may liveand not be ashamed of my hope.117Support me, and I will be safe;I will always meditate on your statutes.118You reject all those who stray from your statutes,for their deceit is vain.119You remove all the wicked of the earth like slag;therefore I love your solemn commands.120My body trembles in fear of you,and I am afraid of your righteous decrees.

AYIN121I do what is just and right;do not abandon me to my oppressors.122Guarantee the welfare of your servant;do not let the proud oppress me.123My eyes grow tired as I wait for your salvationand for your righteous word.124Show your servant your covenant faithfulness,and teach me your statutes.125I am your servant; give me understandingso that I may know your solemn commands.126It is time for Yahweh to act,for people have broken your law.127Truly I love your commandmentsmore than gold, more than fine gold.128Therefore I carefully follow all your instructions,and I hate every path of falsehood.

PE129Your rules are wonderful,that is why I obey them.130The unfolding of your words gives light;it gives understanding to the untrained.131I open my mouth and pant,for I long for your commandments.132Turn to me and have mercy on me,as you always do for those who love your name.133Direct my footsteps by your word;do not let any wickedness rule me.134Redeem me from human oppressionso that I may observe your instructions.135Let your face shine on your servant,and teach me your statutes.136Streams of tears run down from my eyesbecause people do not observe your law.

TSADHE137You are righteous, Yahweh,and your decrees are fair.138You have given your solemn commands righteouslyand faithfully.139Zeal has destroyed mebecause my adversaries forget your words.140Your word has been tested very much,and your servant loves it.141I am insignificant and despised,yet I do not forget your instructions.142Your justice is forever justice,and your law is trustworthy.143Though distress and anguish have found me,your commandments are still my delight.144Your covenant decrees are righteous forever;give me understanding that I may live.

QOPH145I cried out with my whole heart, "Answer me, Yahweh,I will keep your statutes.146I call to you; save me,and I will observe your solemn commands."147I rise before the dawn of the morning and cry for help.I hope in your words.148My eyes are open before the night watches changeso that I might meditate on your word.149Hear my voice in your covenant faithfulness;keep me alive, Yahweh, as you have promised in your righteous decrees.150Those who are persecuting me are coming closer to me,but they are far from your law.151You are near, Yahweh,and all your commandments are trustworthy.152Long ago I learned from your solemn commandsthat you had set them in place forever.

RESH153Look on my affliction and help me,for I do not forget your law.154Plead my cause and redeem me;keep me alive according to your word.155Salvation is far from the wicked,for they do not love your statutes.156Great are your merciful actions, Yahweh;keep me alive, as you always do.157My persecutors and my foes are many,yet I have not turned from your covenant decrees.158I view the treacherous with disgustbecause they do not keep your word.159See how I love your instructions;keep me alive, Yahweh, as you have promised by your covenant faithfulness.160The essence of your word is truth;every one of your righteous decrees lasts forever.

SHIN161Princes persecute me without cause,but my heart stands in awe of your word.162I rejoice at your wordlike one who finds great plunder.163I hate and abhor falsehood,but I love your law.164Seven times a day I praise youbecause of your righteous decrees.165Great peace they have, those who love your law;nothing makes them stumble.166I hope for your salvation, Yahweh,and I obey your commandments.167I observe your solemn commands,and I love them greatly.168I keep your instructions and your solemn commands,for you are aware of everything I do.

TAV169Listen to my cry for help, Yahweh;give me understanding into your word.170May my plea come before you;help me according to your word.171May my lips pour out praise,for you teach me your statutes.172Let my tongue sing about your word,for all your commandments are right.173May your hand help me,for I have chosen your instructions.174I long for your rescue, Yahweh,and your law is my delight.175May I live and praise you,and may your righteous decrees help me.176I have wandered off like a lost sheep;seek your servant,for I have not forgotten your commandments.

Chapter 120
A song of ascents.1In my distress I called out to Yahweh,and he answered me.2Rescue my life, Yahweh, from those who lie with their lipsand deceive with their tongues.

3How will he punish you, and what more will he do to you,you who have a lying tongue?4He will punish you with the arrows of a warriorsharpened over burning coals of the broom tree.

5Woe is me because I temporarily live in Meshech;I lived previously among the tents of Kedar.6For too long I have livedwith those who hate peace.7I am for peace,but when I speak, they are for war.

Chapter 121
A song of ascents.1I will lift up my eyes to the mountains.From where will my help come?2My help comes from Yahweh,who made heaven and earth.

3He will not allow your foot to slip;he who protects you will not slumber.4See, the guardian of Israelnever slumbers or sleeps.

5Yahweh is your guardian;Yahweh is the shade at your right hand.6The sun will not harm you by day,nor the moon by night.

7Yahweh will protect you from all harm,and he will protect your life.8Yahweh will protect you in all you donow and forevermore.

Chapter 122
A song of ascents, of David.1I was glad when they said to me,"Let us go to the house of Yahweh."2Jerusalem, our feet are standingwithin your gates!

3Jerusalem, builtas a city carefully planned!4The tribes go up to Jerusalem—the tribes of Yah— [1](#footnote-target-1) as a testimony for Israel,to give thanks to the name of Yahweh.5There thrones of judgment were set,thrones of the house of David.

6Pray for the peace of Jerusalem!"May those who love you be at ease.7May there be peace within the walls that defend you,and may they have peace within your fortresses."8For the sake of my brothers and my friendsI will say, "May there be peace within you."9For the sake of the house of Yahweh our God,I will seek good for you.

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.

Chapter 123
A song of ascents.1To you I lift up my eyes,you who are enthroned in the heavens.2See, as the eyes of servants look to their master's hand,as the eyes of a servant girl look to the hand of her mistress,so our eyes look to Yahweh our Goduntil he has mercy on us.

3Have mercy on us, Yahweh, have mercy on us,for we are filled with humiliation.4We are more than fullof the scoffing of the insolentand with the contempt of the proud.

Chapter 124
A song of ascents. Of David.1"If Yahweh had not been on our side,"let Israel say now,2"if it had not been Yahweh who was on our sidewhen men rose up against us,3then they would have swallowed us up alivewhen their anger raged against us.4The water would have swept us away;the torrent would have overwhelmed us.5Then the raging waters would have drowned us."

6Blessed be Yahweh,who has not allowed us to be torn by their teeth.7We have escaped like a bird out of the snare of the fowlers;the snare has been broken, and we have escaped.

8Our help is in the name of Yahweh,who made heaven and earth.

Chapter 125
A song of ascents.1Those who trust in Yahwehare like Mount Zion, unshakable, forever enduring.2As the mountains surround Jerusalem,so Yahweh surrounds his peoplenow and forever.3The scepter of wickedness must not rule in the assigned portion of the righteous.Otherwise the righteous might do what is wrong.4Do good, Yahweh, to those who are goodand to those who are upright in their hearts.5But as for those who turn aside to their crooked ways,Yahweh will lead them away with the those who behave wickedly.May peace be on Israel.

Chapter 126
A song of ascents.1When Yahweh reversed the captivity of Zion,we were like those who dream.2Then our mouths were filled with laughterand our tongues with joyful shouting.Then they said among the nations,"Yahweh has done great things for them."3Yahweh did great things for us;how glad we were!

4Reverse our captivity, Yahweh,like the streams in the Negev.5Those who sow in tears will reap with shouts of joy.6He who goes out weeping, carrying seed for sowing,will return again with shouts of joy, bringing his bundles of grain with him.

Chapter 127
A song of ascents, of Solomon.1Unless Yahweh builds the house,they work uselessly, those who build it.Unless Yahweh guards the city,the watchman stands guard uselessly.2It is useless for you to rise up early,to come home late,or to eat the bread of hard work,for Yahweh provides for his beloved as they sleep.

3See, children are a heritage from Yahweh,and the fruit of the womb is a reward from him.4Like arrows in the hand of a warrior,so are the children of one's youth.5How blessed is the man that has his quiver full of them.He will not be put to shamewhen he confronts his enemies in the gate.

Chapter 128
A song of ascents.1Blessed is everyone who honors Yahweh,who walks in his ways.2The labor of your hands you will enjoy;you will be blessed and prosper.

3Your wife will be like a fruitful vinein your house;your children will be like olive plantsas they sit around your table.4Yes, indeed, the man will be blessedwho honors Yahweh.

5May Yahweh bless you from Zion;may you see the prosperity of Jerusalem all the days of your life.6May you live to see your children's children.May peace be on Israel.

Chapter 129
A song of ascents.1"Often since my youth they have attacked me,"let Israel say.2"Often since my youth they have attacked me,yet they have not defeated me.3The plowers plowed on my back;they made their furrows long.4Yahweh is righteous;he has cut off the ropes of the wicked."5May they all be put to shame and turned back,those who hate Zion.6May they be like the grass on the housetopsthat withers before it grows up,7that cannot fill the reaper's handor the chest of the one who binds bundles of grain together.8May those who pass by not say,"May the blessing of Yahweh be on you;we bless you in the name of Yahweh."

Chapter 130
A song of ascents.1Out of the depths I cry to you, Yahweh.2Lord, hear my voice;let your ears be attentiveto my pleas for mercy.

3If you, Yah, would mark iniquities, Lord, who could stand? [1](#footnote-target-1) 4But there is forgiveness with you,that you may be revered.

5I wait for Yahweh, my soul waits,and in his word I hope.6My soul waits for the Lordmore than watchmen wait for the morning.

7Israel, hope in Yahweh.Yahweh is merciful,and with him is great redemption.8It is he who will redeem Israelfrom all his iniquities.

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.

Chapter 131
A song of ascents; of David.1Yahweh, my heart is not proud or my eyes haughty.I do not have great hopes for myselfor concern myself with things that are beyond me.2Indeed I have stilled and quieted my soul;like a weaned child with his mother,my soul within me is like a weaned child.

3Israel, hope in Yahwehnow and forever.

Chapter 132
A song of ascents.1Yahweh, for David's sake call to mindall his afflictions.2Call to mind how he swore to Yahweh,how he vowed to the Mighty One of Jacob.3He said, "I will not enter the tent of my houseor get on the couch of my bed,4I will not give sleep to my eyesor rest to my eyelids5until I find a place for Yahweh,a tabernacle for the Mighty One of Jacob."

6See, we heard about it in Ephrathah;we found it in the fields of Jaar.7We will go into God's tabernacle;we will worship at his footstool.

8Arise, Yahweh, to your resting place,you and the ark of your strength!9May your priests be clothed with integrity;may your faithful ones shout for joy.10For your servant David's sake,do not turn away from your anointed king.

11Yahweh swore a sure oath to David,a sure oath that he will not revoke:"I will place one of your descendants on your throne.12If your sons keep my covenantand the solemn commands that I will teach them,their children also will sit on your throne forevermore."

13Certainly Yahweh has chosen Zion,he has desired her for his seat.14"This is my resting place forever.I will live here, for I desire her.15I will abundantly bless her with provisions.I will satisfy her poor with bread.16I will clothe her priests with salvation,her faithful ones will shout aloud for joy.17There I will make a horn to sprout for Davidand set up a lamp for my anointed one.18I will clothe his enemies with shame,but on him his crown will shine."

Chapter 133
A song of ascents. Of David.1Behold, how good and how pleasant it isfor brothers to live together!2It is like fine oil on the headpouring down on the beard—Aaron's beard,and then it pours down on the collar of his robes.3It is like the dew of Hermonwhich falls on the mountains of Zion.For there Yahweh commanded the blessing—life forevermore.

Chapter 134
A song of ascents.1Come, bless Yahweh, all you servants of Yahweh,you who serve during the night in the house of Yahweh.2Lift up your hands to the holy placeand bless Yahweh.

3May Yahweh bless you from Zion,he who made heaven and earth.

Chapter 135
1Give praise to Yah! [1](#footnote-target-1) Praise the name of Yahweh.Praise him, you servants of Yahweh,2you who stand in the house of Yahweh,in the courtyards of the house of our God.3Give praise to Yah, for he is good; [2](#footnote-target-2) sing praises to his name, for it is pleasant to do so.4For Yah has chosen Jacob for himself, [3](#footnote-target-3) Israel as his own possession.

5I know that Yahweh is great,that our Lord is above all gods.6Whatever Yahweh desires, he doesin heaven, on earth, in the seas and all the ocean depths.7He brings the clouds from far away,making lightning bolts accompany the rainand bringing the wind out of his storehouse.

8He killed the firstborn of Egypt,both of man and animals.9He sent signs and wonders into your midst, Egypt,against Pharaoh and all his servants.10He attacked many nationsand killed mighty kings,11Sihon king of the Amoritesand Og king of Bashanand all the kingdoms of Canaan.12He gave us their land as an inheritance,an inheritance to Israel his people.

13Your name, Yahweh, endures forever;your renown, Yahweh, endures throughout all generations.14For Yahweh defends his peopleand has compassion on his servants.15The nations' idols are silver and gold,the work of men's hands.16Those idols have mouths, but they do not speak;they have eyes, but they do not see;17they have ears, but they do not give ear,nor is there breath in their mouths.18Those who make them are like them,as is everyone who trusts in them.

19Descendants of Israel, bless Yahweh;descendants of Aaron, bless Yahweh.20Descendants of Levi, bless Yahweh;you who honor Yahweh, bless Yahweh.21Blessed be Yahweh in Zion,he who lives in Jerusalem.Give praise to Yah. [4](#footnote-target-4)

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.[2](#footnote-caller-2)Yah is a short form of the name Yahweh.[3](#footnote-caller-3)Yah is a short form of the name Yahweh.[4](#footnote-caller-4)Yah is a short form of the name Yahweh.

Chapter 136
1Give thanks to Yahweh, for he is good.(His covenant faithfulness endures forever.)2Give thanks to the God of gods.(His covenant faithfulness endures forever.)3Give thanks to the Lord of lords;(His covenant faithfulness endures forever.)

4to him who alone does great wonders;(His covenant faithfulness endures forever.)5to him who by wisdom made the heavens;(His covenant faithfulness endures forever.)6to him who spread out the earth above the waters;(His covenant faithfulness endures forever.)7to him who made great lights;(His covenant faithfulness endures forever.)8to him who gave the sun to rule by day,(His covenant faithfulness endures forever.)9the moon and stars to rule by night;(His covenant faithfulness endures forever.)

10to him who killed the firstborn of Egypt(His covenant faithfulness endures forever.)11and brought out Israel from among them(His covenant faithfulness endures forever.)12with a strong hand and a raised arm;(His covenant faithfulness endures forever.)13to him who divided the Sea of Reeds(His covenant faithfulness endures forever.)14and made Israel to pass through the middle of it,(His covenant faithfulness endures forever.)15but overthrew Pharaoh and his army in the Sea of Reeds;(His covenant faithfulness endures forever.)16to him who led his people through the wilderness;(His covenant faithfulness endures forever.)

17to him who killed great kings;(His covenant faithfulness endures forever.)18to him who killed majestic kings,(His covenant faithfulness endures forever.)19Sihon king of the Amorites(His covenant faithfulness endures forever.)20and Og king of Bashan;(His covenant faithfulness endures forever.)21to him who gave their land as an inheritance,(His covenant faithfulness endures forever.)22an inheritance to Israel his servant;(His covenant faithfulness endures forever.)

23to him who called us to mind and helped us in our humiliation;(His covenant faithfulness endures forever.)24to him who has rescued us from our enemies,(His covenant faithfulness endures forever.)25who gives food to all living beings.(His covenant faithfulness endures forever.)26Give thanks to the God of heaven.(His covenant faithfulness endures forever.)

Chapter 137
1By the rivers of Babylonwe sat down and weptwhen we thought about Zion.2There on the poplars in the midst of itwe hung our harps.3There our captors required songs from us,and those who mocked us required joy from us, saying,"Sing us one of the songs of Zion."

4How could we sing a song about Yahwehin a foreign land?5If I ignore the memory of you, Jerusalem,let my right hand forget her skill.6Let my tongue cling to the roof of my mouthif I think about you no more,if I do not prefer Jerusalemmore than my greatest delights.

7Call to mind, Yahweh, what the Edomites didon the day Jerusalem fell.They said, "Tear it down, tear it downto its foundations."8Daughter of Babylon, soon to be destroyed—may the person be blessed, whoever pays you backfor what you have done to us.9May the person be blessed, whoever takes and dashes your little ones against a rock.

Chapter 138
A psalm of David.1I will give you thanks with my whole heart;before the gods I will sing praises to you.2I will bow down toward your holy templeand give thanks to your name for your covenant faithfulness and for your trustworthiness.You have made your word and your name more important than anything else.3On the day that I called you, you answered me;you made me bold and strengthened my soul.

4All the kings of the earth will give you thanks, Yahweh,for they will hear the words from your mouth.5Indeed, they will sing of the deeds of Yahweh,for great is the glory of Yahweh.6For though Yahweh is high, yet he cares for the lowly,but the proud he knows from far off.

7Though I walk in the middle of trouble, you will preserve my life;you will reach out with your hand against the anger of my enemies,and your right hand will save me.8Yahweh is with me to the end;your covenant faithfulness, Yahweh, endures forever.Do not abandon the works of your hands.

Chapter 139
For the chief musician. A psalm of David.1Yahweh, you have examined me, and you know me.2You know when I sit down and when I get up;you understand my thoughts from far away.3You observe my path and my lying down;you are familiar with all my ways.4For before there is a word on my tongue,you know it completely, Yahweh.5Behind me and before me you surround meand place your hand upon me.6Such knowledge is incomprehensible to me;it is too high, and I cannot reach it.

7Where can I go from your Spirit?Where can I flee from your presence?8If I ascend up to the heavens, you are there;if I make my bed in Sheol, behold, you are there.9If I fly away on the wings of the dawnand go to live in the uttermost parts across the sea,10even there your hand will lead me,your right hand will hold on to me.11If I said, "Surely the darkness will cover me,and the light will become night around me,"12even the darkness would not be dark to you.The night would shine like the day,for the darkness and the light are both alike to you.

13You formed my inner parts;you formed me in my mother's womb.14I will praise youbecause I am fearfully and wonderfully made.Your works are wonderful.My soul knows this very well.15My bones were not hidden from youwhen I was made in private,when I was intricately made in the depths of the earth.16You saw me inside the womb;all the days assigned to me were recordedin your book even before the first one happened.

17How precious are your thoughts to me, God!How vast is their sum!18If I tried to count them, they would be more in number than the sand.When I awake, I am still with you.

19If only you would kill the wicked, God;get away from me, you men of bloodshed.20They rebel against you and act deceitfully;your enemies tell lies.21Do I not hate those, Yahweh, who hate you?Do I not despise those who rise up against you?22I hate them completely;they have become my enemies.

23Examine me, God, and know my heart;test me and know my thoughts.24See if there is any wicked way in me,and lead me in the everlasting way.

Chapter 140
For the chief musician. A psalm of David.1Yahweh, rescue me from the wicked;preserve me from violent men.2They plan evil in their hearts;they cause battles every day.3Their tongues wound like serpents;vipers' poison is on their lips.Selah

4Keep me from the hands of the wicked, Yahweh;preserve me from violent menwho plan to push down my steps.5The proud have set a trap for me;they have spread a net;they have set a snare for me.Selah

6I said to Yahweh, "You are my God;give ear to the sound of my pleas."7Yahweh, my Lord, you are powerfully able to save me;you shield my head in the day of battle.8Yahweh, do not grant the desires of the wicked;do not let their evil plans succeed.Selah

9Those who surround me raise their heads;let the mischief of their own lips cover them.10Let burning coals fall on them;throw them into the fire,into bottomless pits, never more to rise.11May men of tongues not be made secure on the earth;may evil hunt down the violent man to strike him dead.

12I know that Yahweh will judge in favor of the afflicted,and that he will give justice to the needy.13Surely the righteous people will give thanks to your name;the upright people will live in your presence.

Chapter 141
A psalm of David.1Yahweh, I am crying out to you; come quickly to me.Give ear to my voice when I call to you.2May my prayer be like incense before you;may my lifted hands be like the evening sacrifice.

3Yahweh, place a guard over my mouth;guard the door of my lips.4Do not let my heart desire any evil thingor participate in wicked deedswith men who behave wickedly.May I not eat any of their delicacies.

5Let a righteous man hit me; it will be a kindness to me.Let him correct me; it will be like oil on my head;may my head not refuse to accept it.But my prayer is always against their wicked deeds.6Their judges will be thrown down from the top of cliffs;they will hear that my own words are pleasant.7They will have to say, "As when one plows and breaks up the ground,so our bones have been scattered at the mouth of Sheol."

8Surely my eyes are on you, Yahweh, Lord;in you I take refuge; do not leave my soul defenseless.9Protect me from the snares that they have laid for me,from the traps of those who behave wickedly.10Let the wicked fall into their own netswhile I escape.

Chapter 142
A maschil of David, when he was in the cave; a prayer.1With my voice I cry out for help to Yahweh;with my voice I plead for Yahweh's favor.2I pour out my lament before him;I tell him my troubles.

3When my spirit is weak within me,you know my path.In the way that I walkthey have hidden a trap for me.4I look to my right and seethat there is no one who cares about me.There is no escape for me;no one cares about my life.

5I called out to you, Yahweh;I said, "You are my refuge,my portion in the land of the living.6Listen to my cry,for I have been brought very low;rescue me from my persecutors,for they are stronger than I.7Bring my soul out of prisonso that I may give thanks to your name.The righteous will gather around mebecause you have been good to me."

Chapter 143
A psalm of David.1Hear my prayer, Yahweh; give ear to my pleas.Because of your faithfulness and righteousness, answer me!2Do not enter into judgment with your servant,for in your sight no one is righteous.

3The enemy has pursued my soul;he has crushed me to the ground;he has made me to live in darknesslike those who have been dead a long time.4My spirit is overwhelmed within me;my heart is appalled.

5I call to mind the old days;I meditate on all your deeds;I reflect on your accomplishments.6I spread my hands out to you;my soul thirsts for you in a parched land.Selah

7Answer me quickly, Yahweh, because my spirit faints.Do not hide your face from me,or I will become like those who go down into the pit.8Let me hear your covenant faithfulness in the morning,for I trust in you.Show me the way where I should walk,for I lift up my soul to you.

9Rescue me from my enemies, Yahweh;I flee to you to hide.10Teach me to do your will,for you are my God.May your good Spiritlead me in the land of uprightness.

11Yahweh, for your name's sake, keep me alive;in your righteousness bring my soul out of trouble.12In your covenant faithfulness cut off my enemiesand destroy all the enemies of my life,for I am your servant.

Chapter 144
A psalm of David.1Blessed be Yahweh, my rock,who trains my hands for warand my fingers for battle.2You are my covenant faithfulness and my fortress,my high tower and the one who rescues me,my shield and the one in whom I take refuge,the one who subdues nations under me.

3Yahweh, what is man that you take notice of himor the son of man that you think about him?4Man is like a breath;his days are like a passing shadow.

5Cause the sky to sink and come down, Yahweh;touch the mountains and make them smoke.6Send flashes of lightning and scatter my enemies;shoot your arrows and drive them back in confusion.7Reach out your hand from above;rescue me out of many waters,from the hand of foreigners.8Their mouths speak lies,and their right hand is falsehood.

9I will sing a new song to you, God;on a lute of ten strings I will sing praises to you,10who gives salvation to kings,who rescues David your servant from an evil sword.11Rescue me and free me from the hand of foreigners.Their mouths speak lies,and their right hand is falsehood.

12May our sons be like plants who grow to full size in their youthand our daughters like carved corner pillars, shapely like those of a palace.13May our storehouses be full with every kind of produce,and may our sheep produce thousands and ten thousands in our fields.14Then our oxen will have many young.No one will break through our walls; there will be no exileand no outcry in our streets.15Blessed is the people with such blessings;happy is the people whose God is Yahweh.

Chapter 145
A psalm of praise. Of David.1I will extol you, my God, King;I will bless your name forever and ever.2Every day will I bless you;I will praise your name forever and ever.3Great is Yahweh and greatly to be praised;his greatness is unsearchable.

4One generation will praise your deeds to the nextand will proclaim your mighty actions.5I will meditate on the majesty of your gloryand on your marvelous deeds.6They will speak of the power of your awesome works,and I will declare your greatness.7They will declare your abounding goodness,and they will shout joyfully about your righteousness.

8Yahweh is gracious and merciful,slow to anger and great in steadfast love.9Yahweh is good to all;his tender mercies are over all his works.

10All your works will give thanks to you, Yahweh;your faithful ones will bless you.11They will speak of the glory of your kingdom,and they will tell of your power.12They will make known to mankind God's mighty deedsand the glorious splendor of his kingdom.13Your kingdom is an everlasting kingdom,and your dominion endures throughout all generations.

14Yahweh supports all who are fallingand raises up all those who are bent over.15The eyes of all wait for you;you give them their food at the right time.16You open your handand satisfy the desire of every living thing.17Yahweh is righteous in all his waysand faithful in all his deeds.18Yahweh is near to all those who call to him,to all who call to him in trustworthiness.19He fulfills the desire of those who honor him;he hears their cry and saves them.20Yahweh watches over all those who love him,but he will destroy all the wicked.

21My mouth will speak out the praise of Yahweh;let all mankind bless his holy name forever and ever.

Chapter 146
1Give praise to Yah. [1](#footnote-target-1) Praise Yahweh, my soul.2I give praise to Yahweh with all my life;I will sing praises to my God as long as I exist.

3Do not put your trust in princesor in mankind, in whom there is no salvation.4When a person's life's breath stops, he returns to the ground;on that day his plans end.

5Blessed is he who has the God of Jacob for his help,whose hope is in Yahweh his God.6Yahweh made heaven and earth,the sea, and all that is in them;he observes trustworthiness forever.7He executes justice for the oppressedand gives food to the hungry.Yahweh frees the prisoners;

8Yahweh opens the eyes of the blind;Yahweh raises up those who are bowed down;Yahweh loves the righteous people.9Yahweh protects the foreigners in the land;he supports the fatherless and widow,but he opposes the wicked.

10Yahweh will reign forever,your God, Zion, for all generations.Give praise to Yah. [2](#footnote-target-2)

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.[2](#footnote-caller-2)Yah is a short form of the name Yahweh.

Chapter 147
1Give praise to Yah, [1](#footnote-target-1) for it is good to sing praises to our God;it is pleasant, and praise is suitable.2Yahweh rebuilds Jerusalem;he gathers together the scattered people of Israel.3He heals the brokenheartedand binds up their wounds.4He counts the stars;he gives names to all of them.5Great is our Lord and awesome in power;his understanding cannot be measured.6Yahweh supports the oppressed;he brings the wicked down to the ground.

7Sing to Yahweh with thanksgiving;sing praises to our God with a harp.8He covers the heavens with cloudsand prepares rain for the earth,making the grass to grow on the mountains.9He gives food to the animalsand to the young ravens when they cry.10He finds no delight in the strength of a horse;he takes no pleasure in the strong legs of a man.11Yahweh takes pleasure in those who honor him,who hope in his covenant faithfulness.

12Praise Yahweh, Jerusalem;praise your God, Zion.13For he strengthens the bars of your gates;he blesses your children among you.14He brings prosperity inside your borders;he satisfies you with the finest of wheat.15He sends out his commandment to earth;his command runs very swiftly.16He makes the snow like wool;he scatters the frost like ashes.17He dispenses the hail like crumbs;who can withstand the cold he sends?18He sends out his command and melts them;he makes the wind to blow and the water to flow.19He proclaimed his word to Jacob,his statutes and his righteous decrees to Israel.20He has not done so with any other nation,and as for his decrees, they do not know them.Give praise to Yah. [2](#footnote-target-2)

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.[2](#footnote-caller-2)Yah is a short form of the name Yahweh.

Chapter 148
1Give praise to Yah. [1](#footnote-target-1) Praise Yahweh, you in the heavens;praise him, you in the heights.2Praise him, all his angels;praise him, all his hosts.

3Praise him, sun and moon;praise him, all you shining stars.4Praise him, highest heavenand you waters that are above the sky.

5Let them praise the name of Yahweh,for he gave the command, and they were created.6He has also established them forever and ever;he issued a decree that will never change.

7Praise him from the earth,you sea monsters and all ocean depths,8fire and hail, snow and clouds,stormy wind fulfilling his word.

9Praise him, mountains and all hills,fruit trees and all cedars,10Wild animals and all livestock,creatures that crawl and birds with wings.

11Praise Yahweh, you kings of the earth and all nations,you princes, and all you judges of the earth,12both young men and young women,elderly and children.

13Let them all praise the name of Yahweh,for his name alone is exaltedand his glory extends over the earth and the heavens.14He has lifted up the horn of his peoplefor praise from all his faithful ones,the people of Israel, the people near to him.Give praise to Yah. [2](#footnote-target-2)

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.[2](#footnote-caller-2)Yah is a short form of the name Yahweh.

Chapter 149
1Give praise to Yah! [1](#footnote-target-1) Sing to Yahweh a new song;sing his praise in the assembly of the faithful ones.2Let Israel rejoice in the one who made them;let the people of Zion rejoice in their king.3Let them praise his name with dancing;let them sing praises to him with tambourine and harp.4For Yahweh takes pleasure in his people;he glorifies the humble with salvation.5Let the faithful ones rejoice in this honor;let them sing for joy on their beds.6May the praises of God be in their mouthsand a two-edged sword in their hand7to execute vengeance on the nationsand acts of punishment on the peoples.8They will bind their kings with chainsand their nobles with iron shackles.9They will execute the judgment that is written.This will be an honor for all his faithful ones.Give praise to Yah. [2](#footnote-target-2)

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.[2](#footnote-caller-2)Yah is a short form of the name Yahweh.

Chapter 150
1Give praise to Yah! [1](#footnote-target-1) Praise God in his holy place;praise him in the mighty heavens.2Praise him for his mighty acts;praise him for his surpassing greatness.

3Praise him with the blast of the horn;praise him with lute and harp.4Praise him with tambourines and dancing;praise him with stringed instruments and pipe.5Praise him with loud cymbals;praise him with high sounding cymbals.6Let everything that has breath give praise to Yah!Give praise to Yah! [2](#footnote-target-2)

[1](#footnote-caller-1)Yah is a short form of the name Yahweh.[2](#footnote-caller-2)Yah is a short form of the name Yahweh.